October 27 - 29, 2020

VIRTUAL LEADERSHIP CONFERENCE
The National Hartford Center of Gerontological Nursing Excellence (NHCGNE) is a specialty organization dedicated to optimal health and quality of life for older adults.

NHCGNE builds upon the legacy of The John A. Hartford Foundation, which represents the gold standard of excellence in gerontology. We are a collaboration of national and international nursing institutions that have demonstrated the field of gerontological nursing.

Our members are more likely to achieve success because of the strong collaborative relationships that they build through access to over 300 gerontological nursing leaders, and because of the potential for rapid development of their programs through access to cutting-edge best practices, leadership, and research in faculty and curriculum development. Among the benefits that members receive:

**ACCESS**
- Gerontologic resources, including gerontological nursing curriculum and nursing faculty competencies
- Specialized forums on hot topics, complimentary continuing education
- Access to international and national leaders in the field of gerontological nursing
- Semi-monthly NHCGNE News Digest
- Facilitated NIH counsel visits
- Organizational Mailing List

**AMPLIFY YOUR PROGRAM AND STAFF**
- Two hours of personalized consultation (one hour prep and one hour services)
- Awards and industry innovation recognition
- Collaborative opportunities in publications, presentations, think tanks, and with NHCGNE committees.
- Member programs are profiled in the highly read bi-monthly NHCGNE New Directions Newsletter
- Registration to the premier NHCGNE Annual Leadership Conference
- Job Board

**FOSTER THE FUTURE: UNPARALLELED OPPORTUNITIES FOR STUDENTS**
- Grants and Awards
  - Student Travel Award to the Annual Leadership Conference
  - Mayday Fund Plan and Palliative Care Research Grants
  - Guided Study, Mentoring, & Leadership Development
- International fellowships in Hong Kong
- Mentorship

To find out more visit our website [www.nhcgne.org](http://www.nhcgne.org)

National Hartford Center of Gerontological Nursing Excellence
11130 Sunrise Valley Drive | Suite 350 | Reston, Virginia 20191 | 703.885.3500 | info@nhcgne.org
2019 - 2020 BOARD OF DIRECTORS

The Board of Directors is comprised of highly motivated volunteers from across the United States who are dedicated to providing structure and direction for the NHCGNE volunteer committees. The focus of the Board of Directors 2019 and 2020 centered on the need to establish and solidify NHCGNE as a self-sustaining independent nonprofit capable of continuing its mission of promoting best-practices in the care of older adults.

EXECUTIVE COMMITTEE

Claudia J. Beverly, PhD, RN
Immediate Past President
University of Arkansas for Medical Sciences

Janet Mentes, PhD, APRN, FGSA, FAAN
President
University of California Los Angeles

Alyce Ashcraft, PhD, RN, FGNA, ANEF
President - Elect
Texas Tech University Health Science Center

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University of California San Francisco

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University of Tennessee, Knoxville

Ellarene DeSuis Sanders, PhD, RN
Executive Director

BOARD OF DIRECTORS

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University of Utah

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University of California, Davis

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Pennsylvania State University

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University of Arizona

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Hong Kong Polytechnic University

Donna Owen, PhD, RN
Texas Tech University Health Sciences Center

Lisa Skemp, PhD, RN, FGSA, FAAN
Loyola University Chicago

D. Lynn Woods, PhD, APRN-BC, FGSA, FAAN
Azusa Pacific University
NHCGNE’s membership includes 277 founding organizations, academic institutions, legacy affiliates and government agencies from the United States, Australia and Hong Kong. Members include a wide variety of professionals such as hospital administrators, researchers, faculty and academic fellows anchored in quality care of the elderly.

In 2019 and 2020 NHCGNE membership held steady and we were thrilled to welcome new members into our mix

- Kaohsiung Medical University
- Rockhurst University
- University of Arizona

We welcome back the following institutions

- Vanderbilt
- Radford University
- University of Connecticut
- Villanova University
- Purdue University

NHCGNE is thrilled to announce that we welcomed 21 new individual members this year!

- Sandra Holmes
- Ann Kriebel - Gasparro
- Michelle Kimzey
- Joanne Alderman
- Janice Foust
- Beverly Heasley
- Karen Rue
- Adrianne Maltese
- Lisa Ann Wiese
- Mary R. Hurley
- Christine Cardot
- Carol Amann
- Ann O’Donnell - Carroll
- Chris M. Forcuci
- Katherine Britt
- Annemarie Dowling-Castronovo
- Nicole Contreras
- Graham McDougall Jr.
- Natalie Baker
- Laurie Kennedy Malone
- Joan Caley
- Ann Marshlick

We are so pleased to see 42% of new members and 70% of our total membership here at the 2020 Annual Conference. We have an engaged membership, and it is evident in our member participation.

Since our inception, we have focused on our members. In 2019 surveyed the membership to find out what benefits and services mattered to them and what other programs we could develop. The Leadership Conference was the most important benefit, followed by the ability to network with other gerontological nurses, closely followed by resources to improve gerontological nursing research.

We welcome back the following institutions

- Vanderbilt
- Radford University
- University of Connecticut
- Villanova University
- Purdue University

NHCGNE is thrilled to announce that we welcomed 21 new individual members this year!

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- Natalie Baker
- Laurie Kennedy Malone
- Joan Caley
- Ann Marshlick

Learn More About Individual Membership and Apply Today!
2019-2020 MEMBER INSTITUTIONS

Arizona State University Edson College of Nursing*
Australia Hartford Centre Consortium
Azusa Pacific University
Case Western Reserve University
Charles R. Drew University of Medicine and Science
East Carolina University
Emory University
Franciscan Missionaries of Our Lady University
Gerontological Advanced Practice Nurses Association (GAPNA)
Georgia State University
Hong Kong Polytechnic University
Illinois State University
Kaohsiung Medical University*
Loyola University Chicago
Oregon Health and Science University
Pace University
Pennsylvania State University
Rockhurst University*
Rush University
Southern University and A&M College
Texas Tech University Health Sciences Center
The Ohio State University
University of Alabama, Capstone

University of Alabama, Huntsville
University of Alberta
University of Arkansas for Medical Sciences
University of California, Davis
University of California, Los Angeles
University of California, San Francisco
University of Central Florida
University of Connecticut
University of Delaware
University of Florida
University of Illinois at Chicago
University of Iowa
University of Maryland
University of Massachusetts, Amherst
University of Massachusetts, Lowell
University of Minnesota
University of Oklahoma
University of Pittsburgh
University of Tennessee, Knoxville
University of Texas, Arlington
University of Texas, Austin
University of Utah
University of Virginia
University of Pittsburgh Medical Center, Mercy
Vanderbilt University
Virginia Commonwealth University

Learn More About Membership Benefits and Apply Today!

APPLY NOW
2020 DISTINGUISHED EDUCATORS

Joanne Alderden  
PhD, MS-N, APRN-CNS, RN-BC, AANC, FNGNA  
University of Utah

Niloufar Hadidi  
MS-N, APRN-CNS, RN-BC, AANC, FNGNA  
University of Minnesota

Kala Blakely  
DNP, CRNP, NP-C  
The University of Alabama at Birmingham

Nikki Lynn Hill  
PhD, RN  
Pennsylvania State University

Thomas Blodgett  
PhD, RN, AGACNP-BC  
Valparaiso University

Ann Horgas  
PhD RN FGSA FAAN  
University of Florida

Heather Carlisle  
PhD, DNP, AGACNP-BC, FNP-BC, ACHPN  
University of Arizona

Deborah Hummer  
DNP, MSN, RN, GCNS-BC  
University of North Carolina at Pembroke

Angela Casey  
RN, M.Ed  
La Trobe University

Rita Jablonski  
MS-N, APRN-CNS, RN-BC, AANC, FNGNA  
University of Alabama at Birmingham

Mei-Lan Chen  
PhD, RN  
Georgia State University

Melissa Jones  
PhD, MSN, BSN, RN-BC  
University of Pittsburgh

Daphne Cheung  
PhD  
The Hong Kong Polytechnic University

Jeanette Kates  
PhD, APRN, AGPCNP-BC, GNP-BC  
Thomas Jefferson University

Shemeka Laranda Cody  
PhD, AGNP-C  
The University of Alabama

Michelle Kimzey  
PhD, MSN, BSN, RN-BC  
Texas Christian University

Pearl Cuevas  
PhD, MAN, RN, FGNLA  
Centro Escolar University

Barbara King  
PhD, APRN-BC, FAAN  
University of Wisconsin - Madison

Annmarie Dowling Castro  
PhD, RN, GNP-BC, ACHPN  
Wagner College

Cheryl Krushke  
EdD, MS, CNE, RN  
Regis University

Rowena Elliott  
PhD, RN, CNN, AGNP-C, GS-C, CNE, LNC, FAAN  
Emory University

Cheryl Lacasse  
PhD, RN, AOCNS  
University of Arizona

Sarah Endicott  
DNP, APNP, GNP-BC  
University of Wisconsin-Madison

Helen Lach  
PhD, RN, CNL, FGSA, FAAN  
Saint Louis University

Helen Farrar  
PhD, RN, BC, CNE  
University of Oklahoma Health Sciences Center

Erin Lamoureux  
PhD, RN, GCNS-BC  
University of Massachusetts Amherst

Donna Fick  
PhD, RN, GCNS-BC, FGSA, FAAN  
Pennsylvania State University

Yee Shui Law  
RN, BSN, PhD  
Chinese University of Hong Kong
2020 DISTINGUISHED EDUCATORS

Allison Lindauer
PhD, RN
Oregon Health & Science University

Megan Liu
PhD, RN, MSN
Taipei Medical University

Elizabeth Long
DNP, APRN-BC, GNP, CNS
Lamar University

Margaret MacAndrew
PhD, RN, BN, GCert, GCAP (FHEA)
Queensland University of Technology

Myla Magno
DNP APRN GNP-BC GS-C
Michael E. DeBakey VA Medical Center

Anna Marshalick
MSN, RN-BC
Mercy Home Health and Mercy LIFE

Graham McDougall Jr.
PhD, RN, FAAN, FGSA
Florida State University

Susan McLennon
PhD, ANP-BC, CHPN
University of Nevada, Las Vegas

Anne Mitchell
PhD, MN, ANP-BC, FGSA
Thomas Jefferson University

Todd Monroe
PhD, RN-BC, FNAP, FGSA, FAAN
The Ohio State University

Janice Palmer
PhD, RN, NHA, CNE
Emory University

Christina Parker
BHlthSci(Nursing), PhD
Queensland University of Technology

Amanda Peacock
DNP, AGPCNP-C
 Loyola University Chicago

Jennifer Pettis
MS, RN, CNE, WCC
NYU Rory Meyers College of Nursing

Wanicha Pungchompoo
BNs, MNS, DClinP
Chiang Mai University

Karen Rose
PhD, RN, FGSA, FAAN
The Ohio State University

Mary Ellen Ross
DrPH, MSN, RN, GCNS-BC
University of Texas Health Science Center at Houston

Lana Sargent
PhD, RN, FNP-C, GNP-BC
Virginia Commonwealth University

Linda Schnitker
PhD, MSc Nursing, BSc Nursing
Queensland University of Technology

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Seoul National University

Kathy Wright
PhD, RN, APRN-CNS, PMHCNS-BC
The Ohio State University

Johnny Yao Jr.
DScN, DM, DHPed, MN, RN
Cebu Normal University

Congratulations!

Donna Fick, PhD, RN, FAAN
Ellwood Ross Eberly Professor; Director, Center of Geriatric Nursing Excellence

Nikki Hill, PhD, RN
Assistant Professor; Associate Director of Education, Center of Geriatric Nursing Excellence

NHCGNE Certificate of Recognition for Excellence
2020 Distinguished Educator in Gerontological Nursing
The Texas Tech University Health Sciences Center celebrates the election of Dr. Alyce S. Ashcraft as the 2021-2023 National Hartford Center of Gerontological Nursing Excellence President.
### 2020 Conference Agenda

**TUESDAY | OCTOBER 27**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>5:00 - 5:40 p.m.</td>
<td><strong>Welcome &amp; Business Meeting</strong></td>
<td>Live</td>
</tr>
<tr>
<td>Speakers</td>
<td><strong>Ellarene Sanders</strong>, PhD, RN</td>
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<td></td>
<td><strong>Jan Mentes</strong>, PhD, APRN, BC, FGSA, FAAN, President</td>
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<td><strong>Alyce S. Ashcraft</strong>, PhD, RN, CNE, FNGNA, ANEF President-Elect</td>
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<td></td>
<td><strong>Janine Overcash</strong>, PhDGNP-BC, FAANP, FAAN Treasurer</td>
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<tr>
<td>5:40 - 5:50 p.m.</td>
<td><strong>Break</strong></td>
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<tr>
<td>5:50 - 6:35 p.m.</td>
<td><strong>Keynote Address</strong></td>
<td>Live</td>
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<tr>
<td>Speaker</td>
<td><strong>Barbara Resnick</strong>, PhD, RN, CRNP, FAAN, FAANP</td>
<td>University of Maryland</td>
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<td></td>
<td><strong>Opening Keynote:</strong></td>
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<td></td>
<td>This session will describe the characteristics of a leader and how and what nurses should do to become board members and leaders within their fields. Specific examples of steps to take along the process of becoming a leader as well as certain things to do or not do once on a board or in a leadership role.</td>
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<tr>
<td>6:45 - 7:30 p.m.</td>
<td><strong>Networking Session</strong></td>
<td>Live</td>
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<td>Attendees will be able to attend an expert-facilitated networking discussion related to different themes on aging, dementia and caregiving.</td>
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#### Sensory Impairment

**Speaker**

Margaret Wallhagen, PhD, GNP-BC, AGSF, FGSA, FAAN

#### Workforce Competencies

**Speaker**

Lynn Woods, PhD, APRN-BC, FGSA, FAAN

Lisa Skemp, PhD, RN, FGSA, FAAN

#### Complexity of Caregiving/African Americans Families

**Speaker**

Glenna Brewster PhD, RN, FNP-BC

Kalisha Bonds PhD, MSN, RN, PMHNP-BC
2020 CONFERENCE AGENDA

William Butler Scholar Program/NIA
 Speaker  Fayron Epps, PhD, RN

International Collaborations
 Speaker  Claudia Lai, PhD, RN, FAAN

Research During a Pandemic
 Speakers  Rose Ann DiMaria-Ghalili, PhD, RN, FAS-PEN, FAAN, FGSA
            Marie Boltz, PhD, GNP-BC, FGSA, FAAN

Continuing Education for Leadership Conference Attendees!

NURSES
This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to hours of accredited education.

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QUESTIONS? CONTACT US AT:
11130 Sunrise Valley Drive, Suite 350 | Reston, Virginia 20191
703.885.3500
info@nhcgne.org
www.nhcgne.org
## WEDNESDAY | OCTOBER 28

### 5:00 - 5:45 p.m.  **Keynote Address**  
**Speaker:** Adriana Perez, PhD, ANP-BC, FAAN  
University of Pennsylvania  

**Opening Keynote**  
Research is essential but not enough to promote the health and well-being of older adults in America. Now more than ever, Gerontological nurses must use their research and expertise to 1) illuminate critical issues experienced by older adults and their care givers; and 2) inform health and aging policies that may contribute to change. In this session, Dr. Perez will discuss her ongoing research and policy work, focused on advancing health equity among older and marginalized Latinx communities in collaboration with diverse coalitions.

### 5:45 - 5:55 p.m.  **Break**  

### 5:55 - 6:55 p.m.  **Distinguished Educator Award Ceremony**  
**Speaker:** Janet Mentes PhD, RN, FGSA, FAAN  
University of California, Los Angles  

Welcome to NHCGNE’s third awards ceremony. We are so excited to have everyone present to honor the 50 Distinguished Educators in Gerontological Nursing Awardees. These individuals exemplify the qualities we hold in esteem. They have proven track records working with students, faculty, care providers, and older people in diverse settings.

This recognition is not given lightly by NHCGNE, these awardees were required to complete a rigorous application and were required to provide evidence of success in their careers. What a wonderful moment for gerontological nursing that we had 140 successful applications. We hope to have many more in the coming years.

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**Sponsored By:**  
PennState College of Nursing  
Center of Geriatric Nursing Excellence
2020 CONFERENCE AGENDA

WEDNESDAY | OCTOBER 28

7:05 - 8:05 p.m Mary Starke Harper Excellence in Leadership Interview

Honoree Neville Strumpf, PhD, RN, FAAN
Professor Emeritus, University of Pennsylvania

Interviewer Ann Kolanowski, PhD, RN, FAAN
Professor Emerita of Nursing, Pennsylvania State University College of Nursing, Professor Emerita of Psychiatry, Pennsylvania State University Hershey College of Medicine

Help us celebrate the career of Neville Strumpf, PhD, RN, FAAN, Professor Emeritus, Pennsylvania State University.

Neville will share valuable insight into her career and advice for the rest of us. She will be interviewed by Ann Kolanowski, PhD, RN, FAAN Professor Emerita of Nursing, Pennsylvania State University College of Nursing, Professor Emerita of Psychiatry, Pennsylvania State University Hershey College of Medicine

Sponsored By:

TAMU HEALTH SCIENCE CENTER
School of Nursing

8:05 - 9:05 p.m Special Interest Group Meetings

Group Distinguished Educator in Gerontological Nursing Special Interest Group Meeting

International Special Interest Group Meeting

THURSDAY | OCTOBER 29

5:00 - 6:00 p.m Special Interest Group Meetings

Group Gerontological Psych Special Interest Group Meeting

Legacy Affiliate Special Interest Group Meeting

6:00 - 6:10 p.m Break
## 2020 CONFERENCE AGENDA

### THURSDAY | OCTOBER 29

#### 6:10 – 6:55 p.m
**Poster Flash Talks**  
**Live**  
.75 CNE

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<th>Preseter</th>
<th>Poster</th>
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<tbody>
<tr>
<td><strong>Huemer Osorno Uy</strong></td>
<td>Parenting The Second Time Around: The Lived Experience of Grandparents Raising Grandchildren</td>
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<tr>
<td><strong>Angelica Ferrazzi</strong></td>
<td>In Beers We Trust: Use of Deprescribing Tools to Reduce Inappropriate Polypharmacy in Adults Age $\geq 65$</td>
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<tr>
<td><strong>Susan Lowey</strong></td>
<td>What Will My Life Be Like at Age 70?: Perspectives of Undergraduate Students in an Aging Course</td>
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<tr>
<td><strong>Tracey Vitori</strong></td>
<td>Movement and Memory: Association Between Physical Activity and Cognition in Cardiovascular Patients</td>
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### 6:55 – 7:15 p.m
**A Final Word**  
**Live**

**Speakers**
- **Ellarene Duis Sanders**, PhD, RN  
  NHCGNE Executive Director
- **Alyce Ashcraft**, PhD, RN, CNE, FNGNA, ANEF  
  NHCGNE President-Elect

### 7:15 – 8:00 p.m
**Happy Hour**  
**Live**

### 7:15 – 7:55 p.m
**NHCGNE Mentor Program**  
**Live**

**Speakers**
- **Andrea Yevchak Sillner**, PhD, GCNS-BC, RN  
  Pennsylvania State University
- **Justine S. Sefcik**, PhD, RN  
  Drexel University
- **Nikki Hill**  
  PhD, RN  
  Pennsylvania State University
- **Fayron Epps**, PhD, RN  
  Emory University

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*Sponsored By: UCLA School of Nursing*
<table>
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<tr>
<th>Session Description</th>
<th>Speakers</th>
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| This symposium presents interprofessional research addressing important advancements in the care of older adults. In the first presentation Dr. Cacchione will present her research on involving stakeholders in the design and implementation of low cost robotics in care of older adults. Dr. Bowles follows with her research in developing a decision support tool to improve care of older adults. Dr. Demiris follows with his research focused on home monitoring systems and managing large passive monitoring data to identify early changes in condition in older adults. The importance of determining the usability of technology with and for this population as well as overall ethical and practical challenges will be discussed. | Pamela Cacchione, PhD, CRNP, BC, FGSA, FAAN  
Kathryn H. Bowles, PhD, RN, FAAN, FACMI  
George Demiris, PhD, FACMI |

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<td>The purpose of this pilot study protocol is to deliver a novel intervention, combining Mindfulness in Motion© and the Dietary Approaches to Stop Hypertension (DASH), to improve blood pressure self-care in African American older adults with mild cognitive impairment (MCI) and HTN.</td>
<td>Kathy Wright, PhD, APRN-CNS</td>
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<tr>
<td>This session will describe the state of the science regarding interdisciplinary psychiatric care for older adults with serious mental illness. Interdisciplinary interventions regarding home based care for patients with serious mental illness, non-pharmacological approaches for behavioral symptoms in dementia, and pharmacological approaches in geriatric psychiatry will be evaluated. Lastly, research addressing trauma informed care will be discussed.</td>
<td>Elizabeth Galik, PhD, CRNP, FAAN, FAANP</td>
</tr>
</tbody>
</table>
# Pre Recorded Sessions

<table>
<thead>
<tr>
<th>Research/Policy Implications</th>
<th>Leveraging Existing Data Sources to Advance Gerontological Nursing Science</th>
<th>Pre-Recorded</th>
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<tbody>
<tr>
<td><strong>Speakers</strong></td>
<td>Nikki Hill, PhD, RN</td>
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<tr>
<td></td>
<td>Andrea Gilmore-Bykovsky, PhD, RN</td>
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<tr>
<td><strong>Session Description</strong></td>
<td>During this session we will discuss the use of existing data sources in research, with a focus on those relevant to gerontological nursing and aging science. This includes describing potential data sources for analysis, considerations for linking across sources, processes for accessing and managing secondary data, and discussing strengths and limitations of using existing data sources in research projects.</td>
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<table>
<thead>
<tr>
<th>Research</th>
<th>Ten Tips for Creative Teaching in Gerontological Nursing</th>
<th>Pre-Recorded</th>
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<tbody>
<tr>
<td><strong>Speakers</strong></td>
<td>Helen Lach, PhD, RN, CNL, FGSA, FAAN</td>
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<tr>
<td><strong>Session Description</strong></td>
<td>This session will include a variety of old and new activities and methods for teaching gerontological nursing that can be implemented in courses or continuing education settings.</td>
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<thead>
<tr>
<th>Practice/Education</th>
<th>LGBT Issues in Aging</th>
<th>Pre-Recorded</th>
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<tbody>
<tr>
<td><strong>Speakers</strong></td>
<td>Billy Caceres, PhD, RN, AGPCNP-BC</td>
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<tr>
<td><strong>Session Description</strong></td>
<td>This session will use a lifecourse approach to provide an overview of LGBT issues in aging including to long-term care, caregiving, and chronic disease in LGBT older adults.</td>
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<table>
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<tr>
<th>Policy/Education</th>
<th>Towards Age-Friendly Communities</th>
<th>Pre-Recorded</th>
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<tbody>
<tr>
<td><strong>Speakers</strong></td>
<td>Melissa Batchelor, PhD, RN-BC, FNP-BC, FGSA, FAAN</td>
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<tr>
<td><strong>Session Description</strong></td>
<td>This session will provide an overview of age-friendly initiatives such as age-friendly cities and communities, businesses, arts and creativity, and long-term care workforce. In addition, resources for how to identify age-friendly initiatives in your area and how to get started will be shared – because when things are age-friendly, they’re friendly for everyone.</td>
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<table>
<thead>
<tr>
<th>Research</th>
<th>Recorded Poster Presentations</th>
<th>Pre-Recorded</th>
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<tbody>
<tr>
<td><strong>Speakers</strong></td>
<td>Please refer to page 24 for full list of presenters</td>
<td></td>
</tr>
<tr>
<td><strong>Session Description</strong></td>
<td>These posters are available on the conference website and you can earn 8 CEs total.</td>
<td></td>
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</table>
The Mary Starke Harper Distinguished Leader Interview highlights the career of a nurse whose outstanding leadership qualities and achievements serve to inspire others. The person for whom it is named—Mary Starke Harper, PhD, RN, FAAN (1919-2006)—was an American Academy of Nursing Living Legend and one of the country’s foremost authorities on mental health and aging. Harper advocated for an organized system of support for families who provided long-term care to their elderly adults.

SELECTED HIGHLIGHTS & ACCOMPLISHMENTS OF MARY STARKE HARPER’S CAREER:

Education:
- Majored in nursing at Tuskegee Institute in Alabama
- Bachelor’s in nursing and Master’s degree in psychiatric mental health nursing from the University of Minnesota
- Doctorate in clinical psychology and medical sociology from St. Louis University
- Rose through the ranks of the Veteran’s Administration to become Director of Nursing
- Worked for the US Department of Health and Human Services (DHHS)
- Carter White House Director of the Office of Policy Development and Research for the 1981 Conference on Aging
- Led the effort to improve public hospitals’ mental health systems in the Clinton White House
- Member of the National Advisory Council for the National Institute of Health/National Institute of Aging and of the US Surgeon General’s Task Force on Mental Health
- Authored five books and 186 scholarly articles

2020 MARY STARKE HAPER DISTINGUISHED LEADER AWARD WINNER

Neville E. Strumpf PhD, RN, FAAN

Professor of Nursing and Dean Emerita University of Pennsylvania School of Nursing

Neville E. Strumpf, PhD, RN, FAAN is Professor of Nursing and former Interim Dean at the University of Pennsylvania School of Nursing. She came to Penn Nursing in 1982 as an Assistant Professor and during the next several decades established herself as a world-renowned nurse leader, expert in gerontology nursing, and extraordinary teacher and mentor.

Throughout her scholarly career, Dr. Strumpf’s research has focused on care for frail older adults, quality of life, services for refugee elders, end-of-life care, and fall prevention. Her seminal work in reducing physical restraints which she conducted with her research partner, Dr. Lois Evans, first published in 1988, showed the emotional and physical harms of being restrained and established a scientific basis for restraint-free care. By 2000, after significant advocacy and policy efforts at the national level, restraint-free care was widely recognized as the standard of practice, especially in nursing homes, and has since been adopted in countries around the globe.

Dr. Strumpf has also improved care for older adults through the education of generations of Penn nurse clinicians. She was among the first to integrate gerontology into the undergraduate curriculum; helped to develop, and led, our first gerontology nurse practitioner program; and fostered the development of dozens of nurse scientists in the U.S. and globally as Director of the Hartford Center of Geriatric Nursing Excellence, and as Founder and Director of Penn Nursing’s Center of Gerontologic Nursing Research.

As Interim Dean of Penn Nursing from 2000 to 2001, Dr. Strumpf moved strategic planning initiatives forward; reinvigorated faculty governance; continued to build Penn Nursing’s reputation for scholarship; and worked to ensure that the LIFE (Living Independently for Elders) program, now Mercy Life – West Philadelphia, would be sustainable and financially viable.

Beyond the University, Dr. Strumpf is President of the Ralston Center Board and a member of the Mercy Life – West Philadelphia and Penn State Hartford Center of Geriatric Nursing Excellence Boards.

For her service to the public and the Penn community, Dr. Strumpf was selected to receive a 2019 Honorary Doctor of Sciences from the University of Pennsylvania. Additional career honors and awards include a Lindback Award for Distinguished Teaching; an Honorary Alumni Award from Penn Nursing; the Distinguished Alumna Award from NYU; the Claire M. Fagin Distinguished Researcher Award from Penn; and Sigma Theta Tau International’s Episteme and Hall of Fame Awards.

This session is proudly sponsored by:

TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER
School of Nursing
Alyce Ashcraft
PhD, RN, CNE, FNGNA, ANEFU

Dr. Ashcraft is a Professor and the Associate Dean for Research at the Texas Tech University Health Sciences Center School of Nursing. She is also the National Hartford Center for Gerontological Nursing Excellence (NHCGNE) President Elect, and will step into the role immediately following the Board of Directors Meeting following the Leadership Conference.

Aside from these important details, her program of research encompasses communication between nurses and physicians in long-term care as well as implementation of evidence based practice in the clinical setting. Stop by and talk with her at the Networking Luncheon to discuss how to get the best value out of your NHCGNE membership.

Melissa Batchelor
PhD, RN-BC, FNP-BC, FGSA, FAAN

Dr. Melissa Batchelor (eMelissaBPhD) is an Associate Professor at George Washington University’s School of Nursing and Director of the Center for Aging, Health and Humanities (CAHH). Dr. Batchelor has worked as an administrative nurse in skilled nursing homes and practiced as a family nurse practitioner across long-term care settings. Her research, focusing on patients with dementia, has been supported by The John A. Hartford Foundation, the Robert Wood Johnson Foundation Nurse Faculty Scholars program, and the National Institute of Health/National Institute for Nursing Research.

She is a fellow of the American Academy of Nursing and as 2017-2018 Health and Aging Policy Fellow, served on the United States Senate Special Committee on Aging in the office of Senator Susan Collins (R-ME). In her role as Director for the CAHH, Melissa has built community partnerships with Age-Friendly DC, AARP, the Greater Washington Board of Trade among others, to advance age-friendly policies for the Washington DC metropolitan area. In March of 2020, she began a weekly podcast called This Is Getting Old: Moving Towards an Age-Friendly World.

Kalisha Bonds Johnson
PhD, MSN, RN, PMHNP-BC

Dr. Kalisha Bonds Johnson is a T32 National Institute of Nursing Research Postdoctoral Fellow at Emory University’s Nell Hodgson Woodruff School of Nursing in Atlanta, Georgia. She graduated from The University of Tennessee at Martin with her Bachelor of Science in Nursing in 2007. She graduated with her Master of Science in Nursing in 2012 from Vanderbilt University, specializing as a Family Psychiatric Mental Health Nurse Practitioner. Most recently, Dr. Bonds Johnson graduated with a PhD from Oregon Health & Science University in 2019. During her PhD program, she was funded through several mechanisms, including the SAMHSA at American Nurses Association Minority Fellowship Program and the Jonas Foundation as a Veterans Healthcare Scholar. In her PhD studies, Dr. Bonds Johnson focused on how the caregiving experiences of African American persons with dementia and their African American family caregivers were associated with their quality of life. Specifically, Dr. Bonds Johnson focused on interpersonal factors such as decision-making involvement and their relationship quality. In her postdoctoral fellowship, she is advancing this line of inquiry to focus on decisions made about health care for African American persons living with dementia and how these influences affect the quality of life of African American persons living with dementia and their families. Dr. Bonds Johnson hopes to improve health outcomes from African American persons living with dementia and their families through clinical interventions and/or theoretical developments.

When Dr. Bonds Johnson is not writing manuscripts or grants, she spends her time with her loving husband, Eric Johnson. They will celebrate their wedding anniversary in September.

Marie Boltz
PhD, GNP-BC, FGSA, FAAN

Dr. Marie Boltz is the Elouise Ross Eberly Chair Professor at Penn State University College of Nursing. Dr. Boltz is a board certified gerontologic nurse practitioner who teaches nursing at the undergraduate and doctoral level at Penn State. Over her ten year tenure as NICHE (Nurses Improving Care for Healthsystem Elders) as Practice Director she worked with over 300 organizations to develop and implement aging services programs in their acute and post-acute affiliate settings and authored, co-authored, or edited more than 40 evidence-based, field-tested teaching tools / resources for clinicians, administrators, patients and families. She has served on several local, regional, national, and international advisory boards and work groups. Her areas of research, funded by NIH and several foundations, are the geriatric care environment including measures of quality, dementia-capable and family-centered interventions, and the promotion of physical and cognitive function in persons with dementia. She has presented nationally and internationally, and authored and co-authored numerous journal publications, organizational tools, and book chapters in these areas. She is the lead editor of Evidence-Based Geriatric Nursing Protocols for Best Practice and Dementia Care: An Evidence-Based Approach. Dr. Boltz is a fellow in the American Academy of Nursing and the Gerontological Society of America.

Kathryn H. Bowles
PhD, RN, FAAN, FACMI

Kathryn H. Bowles, PhD, RN, FAAN, FACMI, is the van Ameringen Chair in Nursing Excellence and a Professor in Penn Nursing’s Department of Biobehavioral Health Sciences. Throughout her career, Dr. Bowles’ research has focused on the use of information technology and health informatics to improve healthcare for at-risk older adults and support healthcare providers’ efforts to improve planning and provide post-acute care following hospital discharge, thereby reducing hospital readmissions. Her ongoing studies, funded primarily by the NIH, include the development of decision support tools to determine the best site of care for those needing post-discharge services; telehealth technology applications; the effect of home care and post-acute referrals on patient outcomes; and evaluation of electronic health records. Another program of research for Bowles involves the identification and care of high-risk patients entering home health care such as sepsis survivors and promoting early visit patterns.

With funding from multiple National Institutes of Health (NIH) grants, Bowles and her interdisciplinary team developed and validated a decision-support methodology that identifies patients who need post-acute care, ensuring that high-risk patients are monitored and
receive adequate post-acute care plans when discharged. To put her risk-scoring tool into practice, she co-founded RightCare Solutions in 2012.

Through RightCare Solutions, Bowles and a team of experts incorporated the “Discharge Decision Support System” or D2S2, into a software product distributed nationally that helps hospitals assess patients for post-acute care needs, optimizes workflow, and ultimately lowers the number of readmissions. In 2015, navHealth acquired RightCare Solutions.

Dr. Glenna Brewster joined the Nell Hodgson Woodruff School of Nursing in August 2017. She completed a postdoctoral research fellowship in the Center for Sleep and Circadian Neurobiology at the Perelman School of Medicine at the University of Pennsylvania. Dr. Brewster completed her doctoral degree in Nursing Science, a Master’s of Science degree in Family Health Nursing, and a Master’s of Arts degree in Gerontology from the University of South Florida. In recognition of Dr. Brewster’s commitment to aging research and leadership, she received the University of South Florida Nursing Science, a Master’s of Science degree in Family Health Nursing, and a Master’s of Arts degree in Gerontology from the University of South Florida. In recognition of Dr. Brewster’s commitment to aging research and leadership, she received the National Hartford Center of Gerontological Nursing Excellence 2013-2015 Patricia G. Archbold Scholar award. She was previously recognized as an American Association of Colleges of Nursing Graduate Nursing Student Academy Emerging Leader.

Dr. Glenna Brewster
PhD, RN, FNP-BC

Dr. Glenna Brewster is a recognized emerging leader in the field of nursing and has received numerous accolades for her contributions to aging research and leadership. She joined the Nell Hodgson Woodruff School of Nursing at Emory University in August 2017 and completed a postdoctoral research fellowship in the Center for Sleep and Circadian Neurobiology at the Perelman School of Medicine at the University of Pennsylvania. Brewster earned a doctoral degree in Nursing Science, a Master's of Science degree in Family Health Nursing, and a Master's of Arts degree in Gerontology from the University of South Florida.

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Andrea Gilmore - Bykovsky
PhD, RN

Andrea Gilmore-Bykovsky is an Assistant Professor at the University of Wisconis-Madison, and a Co-Investigator in the Wisconsin Alzheimer’s Disease Research Center Care Research Core. A 2018 recipient of an NIA Paul B. Beeson Emerging Leaders Career Development Award, Dr. Gilmore-Bykovsky leads a program of research focused on promoting effective and equitable care and research for persons living with, and at risk for Alzheimer’s disease and related dementias. Much of her research has focused on addressing challenging points in the care continuum, such as acute illness and transitions in care, and on care for underserved and vulnerable populations. Major areas of focus in her program include: treatment and utilization disparities, care delivery and caregiver support, and issues in research ethics and equity specific to Alzheimer’s and dementia.

Her original research has contributed foundational knowledge to our understanding of caregiver approaches that precipitate or mitigate non-cognitive symptoms in dementia, dementia-specific transitional care needs, and issues in the application of narrative electronic health record data to identify persons with potential dementia. In much of her research, she and her team have partnered directly with people with dementia and caregivers to fully integrate their perspectives into the research process and results. Dr. Gilmore-Bykovsky has served on regional and national initiatives to address management of symptoms experienced by persons living with dementia, and has received funding from the American Nurses Foundation, the National Hartford Center of Gerontological Nursing Excellence, the National Institute on Aging, and the National Institute on Minority Health and Health Disparities.

Pamela Cacchione
PhD, CRNP, BC, FGSA, FAAN

Dr. Cacchione is the Ralston House Term Chair in Gerontological Nursing and an Associate Professor of Geropsychiatric Nursing at the University of Pennsylvania, School of Nursing (Penn Nursing). She also serves as a Nurse Scientist at Penn Presbyterian Medical Center working on several projects: Multimodal intervention to decrease violence and aggression in the ED; A Debriefing Project; A Sepsis Escape Room and a PARO Robot Study on the Acute Care for the Elderly Unit. Prior to this she was the Director of Research and worked as a gerontological nurse practitioner in geropsychiatric practice at Mercy LIFE West Philadelphia, a Program of All-inclusive Care for the Elderly. Her research focus within PACE included, falls, dementia, end of life decision making and robotics. Her program of research explored led from sensory impairment in older adults to the usability and acceptability of technology (robotics) among older adults. Dr. Cacchione received her BSN from Villanova University College of Nursing, MSN as a Gerontological Nurse Practitioner from Marymount University School of Nursing, and her PhD from Saint Louis University School of Nursing. She completed a postdoctoral research fellowship at The University of Iowa College of Nursing, focused on delirium in sensory impaired rural older adults in long-term care.

Billy Caceres
PhD, RN, AGPCNP-BC

Dr. Billy A. Caceres is an Assistant Professor in the Program for the Study of LGBT Health at the Columbia University School of Nursing. Dr. Caceres’ research uses biobehavioral approaches to understand and reduce cardiovascular health disparities in stigmatized populations across the lifecourse with a focus on lesbian, gay, bisexual, and transgender (LGBT) adults. He was the 2017 recipient of the American Heart Association’s Martha N. Hill New Investigator Award for his dissertation research on stress and cardiovascular disease risk in lesbian and bisexual women. Dr. Caceres recently served as the writing chair of the American Heart Association’s first scientific statement on the cardiovascular health of LGBT adults. In 2019, Dr. Caceres began a Career Development Award from the National Heart, Lung, and Blood Institute. He is conducting an innovative study that uses a sibling design to examine the influence of adverse experiences across the lifecourse on physiological risk factors for cardiovascular disease among middle-aged and older lesbian/bisexual women and their heterosexual sisters. His work on LGBT cardiovascular health has been published in high-impact interdisciplinary journals including Circulation, American Journal of Public Health, and LGBT Health. Dr. Caceres is a fellow of the American Heart Association and the New York Academy of Medicine. He received his MSN as an Adult-Gerontological Primary Care Nurse Practitioner and PhD in Nursing from New York University. Prior to completing his PhD he worked as a cardiothoracic and vascular surgery nurse at New York University Langone Health.

George Demiris
PhD, FACMI

George Demiris, PhD, FACMI, is a Penn Integrates Knowledge University Professor at the University of Pennsylvania (in the Department of Biobehavioral Health Sciences, School of Nursing with a joint
Elizabeth Galik  
PhD, CRNP, FAAN, FAANP

Elizabeth Galik, PhD, CRNP, FAAN, FAANP is a Professor at the University of Maryland School of Nursing and a nurse practitioner who specializes in improving neuropsychiatric care practices for older adults and their caregivers. In addition to her teaching, she has served as the Principal Investigator of 4 externally funded research grants that focus on working with caregivers to optimize function and physical activity and effectively manage behavioral symptoms among older adults with dementia. Through a clinical practice with the Sheppard Pratt Health System, Dr. Galik provides patient care to older adults and their caregivers in outpatient clinics, assisted living facilities, nursing homes, and also has developed a house call practice for dementia symptom management. She has served as a Past President of the Gerontological Advanced Practice Nurses Association, a Scientific Review member for the National Institute on Aging and the International Psychogeriatric Association. Additionally, she is the Chief of Caring for the Ages and an expert advisor for the Centers for Medicare and Medicaid to improve behavioral health and reduce the inappropriate use of psychotropic medications in long term care and acute care settings.

Rose Ann DiMaria-Ghalili  
PHD, RN, FASPE, FAAN, FGSA

Rose Ann DiMaria-Ghalili, PhD is the associate dean for Interprofessional Research and Development and a professor of nursing, with courtesy appointments in the nutrition science department and School of Biomedical Engineering. She is a geriatric nurse scientist and her continuously funded interdisciplinary program of research focuses on integrating nutrition and novel technologies to improve health outcomes and quality of life for older adults with acute (e.g., cardiac surgery) and chronic (e.g., heart failure, chronic wounds, dementia) conditions across the care continuum. Recognizing the need to improve the measurement of nutritional intake, DiMaria-Ghalili led a team of engineers on the research and development of a patented wireless device to track and monitor fluid intake. DiMaria-Ghalili serves as the principal investigator of the Cell2Society Aging Research Network (Cell2Society), a Drexel Area of Research Excellence (DARE) initiative, where she leads an interdisciplinary team of 30 faculty across ten colleges at Drexel University to create a novel ecosystem for the pursuit of use-inspired aging research. As part of the administrative core for CNHP’s AgeWell Collaboratory she participates in developing evidence-based programs, science, policy and educational offerings to facilitate healthy aging.

DiMaria-Ghalili was a 2007-2009 Claire M. Fagin Fellow in the John A. Hartford Foundation’s Building Academic Geriatric Nursing Capacity program at the University of Pennsylvania. In 2009, DiMaria-Ghalili was a tenured associate professor at West Virginia University School of Nursing where she received the Faculty Award for Excellence, Innovative Teaching Award and Outstanding Graduate Faculty Award. In her early career she practiced at the Jacobi Medical Center of the New York City Health and Hospitals Corporation as a surgical nurse caring for critically ill adults with trauma and burn injuries, and coordinated an interdisciplinary nutrition support team as a nutrition support clinical nurse specialist.

Fayron Epps  
PhD, RN

Fayron is the Program Lead for Dementia-Friendly Faith Villages Community Program (DFFVCP). She also is an Assistant Professor at Emory University, Nell Hodgson Woodruff School of Nursing.

When Fayron is not working on DFFVCP, she is overseeing several other faith-based research related projects and serving local, regional, and national organizations. She currently serves on the Board of Directors for the National Hartford Center of Gerontological Nursing Excellence, Southern Gerontological Society, Alzheimer’s Association Georgia Chapter, and Meals on Wheels Atlanta. She works closely with an interdisciplinary team to promote quality of life for African Americans with dementia and their family caregivers by creating a space to mentor students and cultivating their love for the field of gerontology.

Fayron has been a nurse for 19 years and served in many clinical and leadership roles in the hospital setting. Fayron moved to Atlanta from Greater New Orleans area in 2016. She has been working at Emory University for three months. Prior to coming to Emory, she was an Assistant Professor of Nursing at Georgia State University.

In her free time (which she has little of), she “ubers” 3 kids age...
Dr. Ann Kolanowski is Professor Emerita of Nursing at the College of Nursing Penn State University. She conducts research on non-pharmacological interventions for dementia-related behaviors and delirium, both commonly exhibited by people living with dementia in nursing homes. Her work has been supported by grants from the National Institute of Health/National Institute of Nursing Research, the Alzheimer’s Association, the Hartford Foundation, the Commonwealth Foundation and the Neuroscience Nursing Foundation. She is currently a principal investigator on a 5-year NIH-funded project and is testing the effectiveness of an implementation strategy for helping staff integrate person-centered approaches for behavioral symptoms in long-term care settings. Dr. Kolanowski is also the principal investigator for the Recall Foundation grant: Geriatric Nursing Leadership Training Program for Optimizing Quality in Veterans Administration Long-Term-Care. She has published over 150 papers on dementia in scientific journals and serves on the many scientific advisory boards including the VA Quality Enhancement Research Initiative and Music & Memory: a Pragmatic TRIal for Nursing Home Residents with Alzheimer’s Disease. In 2017 Dr. Kolanowski co-chaired the dementia care panel for the First National Research Summit on Dementia Care, Services and Supports. Dr. Kolanowski is the recipient of the 2012 Doris Schwartz Gerontological Nursing Research Award. She is a fellow in the American Academy of Nursing and the Gerontological Society of America, and the founding director of the Hartford Center of Geriatric Nursing Excellence at Penn State University.

Dr. Helen Lach, PhD, RN, CNL, FGSA, FAAN

Dr. Helen Lach, PhD, RN, CNL, FGSA, FAAN is a professor at the Saint Louis University Trudy Busch Valentine School of Nursing. She has taught all levels of nursing students as well as interprofessional students through their Geriatric Education Center. She has specialized in gerontological nursing for over 30 years and presented on a broad range of topics in gerontological nursing, including educational topics.

Claudia Lai
PhD, RN, FASPEN, FAAN

Claudia is Honorary Professor and Founding Director of the Centre for Gerontological Nursing (CGN), School of Nursing, The Hong Kong Polytechnic University (SN, PolyU). She joined the SN, PolyU, in 1996, and became a full professor in 2010. She retired on December 31st, 2016, and has taken up a short-term appointment at the University of Tokyo, Japan, as a Project Professor in early 2017. She has practiced nursing in Hong Kong, Canada, and England, and has worked briefly as a volunteer nurse in India. She teaches mainly courses related to human ageing and the care of older people. During her time at the PolyU, she has served in various leadership capacities in teaching, included the roles of, for instance, committee chair, clinical coordinator, and program leader.

Janet (Jan) C. Mentes
PhD, APRN-BC, FGSA, FAAN

Jan is a professor, Director of International Programs and Scholarship, and Co-Director of the Center for the Advancement of Gerontological Nursing Science at UCLA School of Nursing. As a founding member of the Center for the Advancement of Gerontological Nursing Science (AGNS), she coordinated the Young Scholar Program, with two past recipients in the first cohort of the UCLA National Clinician Scholars Program.
She is a past recipient of a John A. Hartford Building Academic Geriatric Nursing Postdoctoral Fellowship and is a Fellow of the Gerontological Society of America and the American Academy of Nursing. Her research program has focused on improving the care of older adults, primarily in areas of oral hydration, oral care, and delirium detection and management. Her current research emphasis is on early detection and management of dehydration in older adults in a variety of living situations. She is internationally known for her work on hydration in older adults and has published numerous papers on hydration issues in older adults. An additional research focus is on developing increased diversity in our nurse scientists. She is a PI on the UCLA-Charles Drew University Bridges to the Doctorate grant that supports under-represented minority students to bridge into doctoral studies in nursing, where 16 students have successfully transitioned into the doctoral program at UCLA. More recently, Dr. Mentes is serving as a Co-PI on an interdisciplinary RWJ Summer Health Professions Educational Program which is designed to expose community college students to the careers in the health professions. This is the first granting period that has included nursing.

Janine Overcash
PhD, APRN-CNP, FAANP, FAAN

Janine Overcash is a Professor of Clinical Nursing and the Co-Director of the Academy for Teaching, Innovation, Excellence and Scholarship. Dr. Overcash is also a nurse practitioner in the Senior Adult Oncology Program and the James Cancer Hospital Stefanie Spielman Comprehensive Cancer Center specializing in the care of the older person. Dr. Overcash is recognized as a Fellow in the National Academy of Practice, the American Association of Nurse Practitioners and the American Academy of Nurses. Dr. Overcash was an Associate Professor of Nursing at the University of South Florida and assisted in the design and management of one of the first geriatric oncology programs located at the H. Lee Moffitt Cancer Center and Research Institute in Tampa, Florida. Dr. Overcash has authored over fifty peer reviewed journal articles in the area of geriatric assessment. A book entitled, The Older Cancer Patient: A Guide for Nurses and Related Professionals by Janine Overcash and Lodovico Balducci highlights principles of care of the older person with cancer and received book of the year award by the American Journal of Nursing. Dr. Overcash has completed a postdoctorate with the John A. Hartford Building Academic Geriatric Nursing Capacity Program. Dr. Overcash participated in the Geriatric Nurse Educational Consortium sponsored by the American Academy of Colleges of Nursing (AACN) and the John A. Hartford Foundation that instructed over 500 faculty from all over the United States.

Adriana Perez
PhD, CRNP, ANP-BC, FAAN, FGSA

Adriana Perez is an Assistant Professor and Senior Fellow, at the Leonard Davis Institute of Health Economics at the University of Pennsylvania, School of Nursing. As a current Scientist funded by Penn’s Center for Improving Care Delivery at the Aging/National Institute on Aging, her research is focused on the influence of multi-level factors on physical activity, health and well-being among Spanish-speaking older Latinos with Alzheimer’s Disease and related dementias.

Dr. Perez completed a Congressional/Health and Aging Policy Fellowship where she served at the Centers for Disease Control and Prevention (CDC)/Department of Health and Human Services (HHS); and Office of U.S. Congressman Raúl Grijalva.

Adriana was awarded the 2018 Senior Service America, Senior Scholar Award for Research Related to Disadvantaged Older Adults by the Gerontological Society of America. She is a Fellow of the Gerontological Society of America, and the American Academy of Nursing, where she served as Chair of the Academy’s Expert Panel on Aging. Adriana also served as Chair for the National Association of Hispanic Nurses, Public Policy Committee. She is a founding member of the UnitedHealth Group External Advisory Board, Center for Clinician Advancement and the External Advisory Committee for the Marcus Institute for Aging Research at Harvard Medical School.

Dr. Perez is a board-certified Adult Nurse Practitioner at Mercy LIFE, providing community based long-term care for diverse, frail elders who reside in North Philadelphia. She is a Patricia G. Archbold Scholar and Claire M. Fagin Fellow; and earned her BSN, MS, and PhD from Arizona State University, College of Nursing and Health Innovation.

Barbara Resnick
PhD, CRNP

Barbara Resnick, PhD, CRNP obtained her BSN from the University of Connecticut, her MSN from the University of Pennsylvania and her PhD from the University of Maryland. She is currently a Professor in the Department of Organizational Systems and Adult Health at the University of Maryland School of Nursing, co-directs the Adult/Gerontological Nurse Practitioner Program and the Biology and Behavior Across the Lifespan Research Center of Excellence, holds the Sony Ziporkin Gershowitz Chair in Gerontology, and does clinical work at Roland Park Place. Her research program is focused on optimizing function and physical activity among older adults, exploring resilience and genetics on function and physical activity, and testing dissemination and implementation of interventions in real world settings. This work has been supported by the National Institutes of Health, Agency for Health Care Quality, and Foundations such as the Helen and Leonard Stulman Foundation and the Robert Wood Johnson Foundation. Dr. Resnick has over 250 published articles, numerous chapters in nursing and medical textbooks, and books on Restorative Care and Resilience. She is the editor of Geriatric Nursing, an associate editor of numerous journals and on editorial board for numerous journals. She has held leadership positions in multiple aging and interdisciplinary organizations including the American Geriatrics Society and the Gerontological Society of America. She has been recognized for numerous national awards the most recent of which include the 2017 David H. Solomon Memorial Public Service Award, the 2018 Johns Hopkins Leader in Aging Award and the 2018 Loretta Ford Award. In addition to teaching and research, Dr. Resnick continues to practice as a geriatric nurse practitioner in a continuing care retirement community.

Ellarene Duis Sanders
PhD, RN

Dr. Ellarene Duis Sanders has 40+ years of experience in nursing. She has been a staff nurse, nurse manager, chief nursing officer, Magnet & shared governance director, nurse consultant, nursing faculty,
and interim executive director of the Texas Nurses Association. She has been the Executive Director of NHCGNE since 2019 and is currently on faculty at Texas Tech University Health Sciences Center School of Nursing. She has worked with many different kinds of organizations, including critical access hospitals, large tertiary care health centers, educational institutions, assisted living, long term care, and professional organizations. She gained an interest in older adults during 10 years as a volunteer parish nurse and 20 years of supporting her parents as they experienced the impacts of aging including multiple chronic conditions. She has been Nurse of the Year in three different TNA districts and is an an inductee of the UTMB School of Nursing Hall of Fame. She also served on the ANCC Commission on the Pathway to Excellence® Program, including 2 years as Chair. She was recognized as the UTMB SON Distinguished Alumnus in 2018.

Justine S. Sefcik
PhD, RN

Justine Sefcik, PhD, completed her PhD in Nursing (2017) at the University of Pennsylvania (Penn) School of Nursing where she was a Ruth L. Kirschstein Predoctoral Fellow, a 2012-2014 National Hartford Centers of Gerontological Nursing Excellence Patricia G. Archbold Scholar and a Jonas Hartford Scholar. She also completed a Master of Bioethics degree simultaneously at the Penn School of Medicine. Sefcik’s dissertation topic was informed from her nursing practice in long term care and was titled “A Multi-Methods Observational Study of Persistent Vocalizations in Nursing Home Residents with Advanced Dementia”.

Sefcik is a recipient of a 3-year K23 Mentored Patient-Oriented Research Career Development Award from the National Institutes of Health National Institute of Nursing Research. Her project is titled, “A Person-Centered Environmental and Sensory Intervention for Nursing Home Residents with Dementia who Exhibit Persistent Vocalizations”. This project aims to test the acceptability and feasibility of using a person-centered nature-based intervention in the nursing home setting.

Working with several interdisciplinary research teams to date, Sefcik has several publications on topics important to the field of gerontology including: behavioral and psychological symptoms of dementia, care of persons living with dementia and their caregivers, innovative interventions to support frail older adults and post-acute care decision-making. Sefcik is a nationally recognized expert, author, presenter and researcher.

Andrea Yevchak Sillner
PhD, GCNS-BC, RN

Andrea Yevchak Sillner is an Assistant Professor at the Penn State College of Nursing. Prior to coming to Penn State in 2015, she was an Assistant Professor at Duquesne University. Her current research focuses on understanding preferences for technology assisted communication among older adults in the community and is funded through a Gordon and Betty Moore Foundation Early Career Award. Dr. Sillner was a John A. Hartford Foundation BAGNC Predoctoral Scholar and she is currently Co-Chair of the NHCGNE Mentor Committee.

Neville Strumpf
PhD, RN, FAAN

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Throughout her scholarly career, Dr. Strumpf’s research has focused on care for frail older adults, quality of life, services for refugee elders, end-of-life care, and fall prevention. Her seminal work in reducing physical restraints which she conducted with her research partner, Dr. Lois Evans, first published in 1988, showed the emotional and physical harms of being restrained and established a scientific basis for restraint-free care. By 2000, after significant advocacy and policy efforts at the national level, restraint-free care was widely recognized as the standard of practice, especially in nursing homes, and has since been adopted in countries around the globe.

Dr. Strumpf has also improved care for older adults through the education of generations of Penn nurse clinicians. She was among the first to integrate gerontology into the undergraduate curriculum; helped to develop, and led, our first gerontology nurse practitioner program; and fostered the development of dozens of nurse scientists in the U.S. and globally as Director of the Hartford Center of Geriatric Nursing Excellence, and as Founder and Director of Penn Nursing’s Center of Gerontologic Nursing Research.

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For her service to the public and the Penn community, Dr. Strumpf was selected to receive a 2019 Honorary Doctor of Sciences from the University of Pennsylvania. Additional career honors and awards include a Lindback Award for Distinguished Teaching; an Honorary Alumni Award from Penn Nursing; the Distinguished Alumna Award from NYU; the Claire M. Fagin Distinguished Researcher Award from Penn; and Sigma Theta Tau International’s Episteme and Hall of Fame Awards.

Margaret (Meg) Wallhagen
PhD, GNP-BC, AGSF, FNSA, FAAN

Dr. Wallhagen is a Professor of Gerontological Nursing and a Geriatric Nurse Practitioner in the School of Nursing, University of California San Francisco. She has been a leader in the field of geriatric nursing and an advocate for older adults. Dr. Wallhagen has received numerous awards for her contributions to the field, including the Distinguished Alumna Award from the University of Pennsylvania and the Distinguished Service Award from the American Geriatric Society. She is a respected expert in the field of gerontological nursing and has contributed significantly to the advancement of the field.
Francisco (UCSF), and Director of the UCSF John A. Hartford Center of Geriatric Nursing Excellence (HCGNE). As a researcher, educator and clinician committed to geriatric nursing, Dr. Wallhagen’s major contributions fall within three major areas:

1. Understanding the demands experienced by caregivers;
2. Documenting and minimizing the impact of hearing loss on older adults;
3. Supporting excellence in geriatric nursing.

She has worked nationally and internationally on issues related to caregiving, has served as PI on a longitudinal study exploring the experience of hearing impairment in older adults and their partners, and is currently PI for a study assessing the impact of integrating a concise, easily implemented hearing screening and education protocol in primary care. Additionally, she is interested in the impact of hearing loss on the provision of palliative care. As Director of the UCSF/HCGNE, Dr. Wallhagen works to achieve its mission to prepare a cadre of nurses with the expertise needed to meet the needs of the growing population of older adults.

D. Lynn Woods
PhD, APRN-BC, FGSA, FAAN

Dr. Woods as an educator, nurse practitioner and researcher has focused on developing and disseminating new knowledge to strengthen humanistic care for persons with dementia. For the past 25 years, Dr. Woods work has focused on those with Alzheimer’s Disease, specifically behavioral symptoms of dementia and sleep disturbances, nonpharmacological and interventions, and understanding the biobehavioral factors, genetic, neuroendocrine and behavioral indices of stress, that contribute to BSD. Her research includes testing calming interventions for BSD, developing a heuristic model to describe biobehavioral factors, using pattern recognition methods to elucidate BSD, and identifying predictors of BSD to tailor individualized nonpharmacological interventions. Dr. Woods collaborates with colleagues in Iceland, Australia and Brazil. Her educational and activities include the development of gerontological nursing coursework for all levels of nursing students and working nurses. Her work has been disseminated in national/international scientific journals and has contributed to the development of educational strategies to foster humanistic care, clinical expertise, and to attract nursing students to doctoral study in gerontological nursing. Recent publications focus on genetic variations and ethnopharmacology, the biological basis for behavioral symptoms and sleep disturbances in dementia and the development of an ethnogerontological nursing model.

Kathy Wright
PhD, RN, APRN-CNS, PMHCNS-BC

Kathy Wright’s goal is to save brains, one blood pressure at a time.

Dr. Wright serves as an assistant professor (tenure-track) at The Ohio State University College of Nursing and holds a faculty position at Ohio State’s Discovery Themes: Prevention and Treatment of Chronic Brain Injury Institute.

Her research portfolio focuses on hypertension and its contributions to the development of cognitive decline and Alzheimer’s disease in older African American populations. She and her team examine how self-care lifestyle behavior changes - including nutrition, stress management and practicing mindfulness - can impact blood pressure and reduce the risk of cognitive impairment.

Dr. Wright earned her bachelor’s degree in nursing with a major in psychology from Youngstown State University. She then completed her master’s in geriatric health and minority mental health at the Frances Payne Bolton School of Nursing at Case Western Reserve University before earning her PhD from The University of Utah in Salt Lake City. She is a sought-after mentor and manuscript reviewer, and her work has been shared in scholarly journals and through media outlets including National Public Radio. She and her husband, James J. Wright, Jr., are parents to Kathleen J. Wright.
**NHCGNE would like to thank the all the poster reviewers for their time, effort and dedication that went into the vetting all of the poster submittals. It is a time consuming process and we truly appreciate their hard work and support.**

**A Scoping Review of Current Telehealth Interventions for Care Partners of Persons with Dementia**

Allison Lindauer, NP PhD
Leslie Tran, BS
Robin Tarter, RN, MS, PhD Student

**Impact of the Age-Friendly Healthcare System on patients at the UT Physicians Center for Healthy Aging**

Amy Suzanne Berkley, PhD, RN, MSN

**Anxiety in Older Adults During the COVID-19 Pandemic: The Role of Digital Health Literacy and Sense of Coherence**

Angela Yee Man Leung, PhD
Laurence Lloyd Parial, MSc
Ma. Carmen Tolabing, PhD
Timothy Sim, PhD

**In Beers We Trust: Use of Deprescribing Tools to Reduce Inappropriate Polypharmacy in Adults Age ≥ 65**

Angelica Ferrazzi
DNP, RN-BC, CMSRN, AGPCNP-BC

**A Nurse-Led Delirium Prevention Program for Hospitalized Older Adults**

Anila Ladak, GNP-BC

**Geriatric Specific Care Transition Interventions: A Literature Review**

Cherrie M Sercena-Hernandez, MSN, FNP-C
D. Lynn Woods, PhD, APRN, FAAN, FGSA

**Nurse Practitioners’ Experiences of Polypharmacy in Community Dwelling Older Adults**

Christine Pariseault, PhD, RN, CEN

**Development of the Gerontological Nursing Competency Questionnaire**

David Picella, PhD, FNP-BC, CNS, GS-C
D. Lynn Woods, PhD, APRN, FAAN, FGSA

**Implementation of an Evidenced-Based Exercise Program in an Assisted Living Facility and the Impact on ADL Function**

Deborah Hummer, DNP, RN, MSN, GCNS-BC

**Core Business: Teaching Nurses to Undertake Comprehensive Health Assessment with Older People!**

Deirdre Fetherstonhaugh, PhD, RN
Sandra Cowen

**Effective Dosage of Educational Interventions for Older Hypertensive Adults: An Integrative Review and Meta-Analysis**

Hon Lon Tam, RN, PhD
Eliza Mi Ling Wong, PhD, RN
Kin Cheung, PhD, RN

**Parenting The Second Time Around: The Lived Experience of Grandparents Raising Grandchildren**

Huemor Osorno Uy, MSN, RN

**Factors Related to Depressive Symptoms Among Older Korean Immigrants**

Irene Chung, BSN
Diane Lee, MSW
Haesook Kim, PhD, RN
Ron D. Hays, PhD
Jennifer L. Martin, PhD
Sarah Choi, PhD, RN
Yeonsu Song, PhD, RN

**Symposium: Mutual Respect: Communication for Innovative Geroscience Research**

Janice D. Crist, PhD, RN, FWAN, FAAN

**Interdisciplinary Support of Loneliness Interventions for Adult Cancer Survivors**

Jennifer McElfresh, MPH, BSPH
Janice D. Crist, PhD, RN, FWAN, FAAN

**Nurse Physician Communication in Nursing Homes: A Model for Effective Clinical Decision Making**

Susan Renz, GNP-BC, PhD, DNP
Marie Boltz, PhD, GNP-BC, FGSA, FAAN
Janice D. Crist, PhD, RN, FWAN, FAAN

**Chronicling the Impact of COVID-19 Pandemic on Physical and Mental Health: Perspective from Chronic Wound Patients**

Jennie Tsui
Rose Ann DiMaria-Ghalli
PhD, RN, FASD, FAAN, FGSA
Kari Moore, MS
Justine S. Sefcik, PhD, RN
Martha Coates, MSN, RN, CRNP
Michael Weingarten, MD, MBA
Michael Neidrauer
Peter Lewin, PhD
Keyanna Bynum, Student
Khanh Linh Pham, Student

**Partnership In Gerontology Nursing Training Program in the Philippines**

Jesusa (Susan) Pagsibigan, MAN, RN, PhD
Araceli O. Balabagno, PhD, RN
Lydia T. Manahan, PhD, RN
Eligio S. Razalan, PhD, RN

**Promoting Advocacy in ABSN Students through Reflective Assignments Related to Legal, Ethical, and Policy Issues**

Jill Brennan-Cook, DNP, RN-BC, CNE
Deirdre K. Thornlow, PhD, RN, CPHQ, CNE
Michael P. Cary Jr., PhD, RN

**Intervention Fidelity in a Trial of an Innovative Dyadic Intervention for Hospitalized Patients with Dementia and Family Caregivers**

Joanne Roman Jones, MS, JD, RN
Robin Herrmann
Rachel Arendacs, RN, BSN
Marie Boltz, PhD, GNP-BC, FGSA, FAAN
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<td>Perceptions of Experimental Thermal Pain: Race-Related Differences Between and Within Sex Across the Lifespan</td>
<td>Karen Moss, PhD, RN, CNL, Sebastian Atalla, BS, Larkin Iversen, BS, Karen M. Rose, PhD, RN, FGSA, FAAN, Alai Tan, PhD, Kathy D. Wright, PhD, APRN-CNS</td>
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<td>Relationship Between Exercise Identity, Age, and Health Status</td>
<td>Kathleen Hall, PhD</td>
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<td>A Literature Review of the Effects of Astaxanthin on Metabolic Syndrome</td>
<td>Leona Leung, RN, BHS, MBA, MSc, SD, HNS, DN, FRSA, Lisa Brannack, AGPCNP-BC, APRN, FNP-BC, DNP, JD, MPH, MADR</td>
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<td>The Impact of Veteran Core Values on Elderly Veteran Health Perceptions</td>
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<td>Impact of Mediation Source on Medication Mistakes and Hospitalizations in Community-Dwelling Older Adults: Findings from the National Health and Aging Trends Study (NHATS) 2017</td>
<td>Martha Coates, MSN, RN, CRNP, Janeway Granche, MS, Rose Ann DiMaria-Ghalili, PhD, RN, FASFN, FAAN, FGSA</td>
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<td>Using Knowledge Surveys to Increase Knowledge and Clinical Skills and Assess Pre-Licensure Student Perceptions Regarding End of Life Care: An Exploratory Study</td>
<td>Mary Rebecca DeGrote Goering, PhD, RN-BC</td>
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<td>Impact of the Age-Friendly Healthcare System on Patients at the UT Physicians Center for Healthy Aging.</td>
<td>Maureen Stabile Beck, MSN, DNP, Enhanced Virtual Older Adult and Caregiver Support Services, Melissa Jones, RN, MSN, CDP, Advanced Practice Registered Nursing Student Perspectives: Clinical Experiences in the Nursing Home, Melodee Harris, PhD, RN, APRN, GNP-BC, AGPCNP-BC, Isis Martel, MS, Jan Rooker, MNSc, RNP, Leanne LeFler, PhD, RN, APRN, ACNS-BC, FAHA, Sarah Rhoads, PhD, RN, Claudia Beverly, PhD, RN, Enhancing the Long-term Care Nurse Workforce Through a Nurse Residency Program, Nanci McLeskey, DNP, MCG, MDIV, RN-BC, CHPN, FNGNA, Jorie Butler, PhD, Catherine Witt, Jacqueline Telonidis, MS, Linda S. Edelman, PHD, MPHIL, RN, Enhancing Holistic Well-Being in Older People Living with Chronic Stroke Using Visual Art Interventions: A Comprehensive Literature Review, Phyllis Pang, RN, Tinetti Falls Risk Assessment Tool for Nurses to Master for their Patient Assessment, Rebecca Geist, RN, Valerie Kiper, RN, DNP, Delirium Screening and Prevention in Older Adult Post-Acute Care Patients, Rebecca Spear, MSN, ARNP, AGNP-BC</td>
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<td>Implementation and Leadership Strategies to ensure Evidence-based Age-Friendly Practice in Convenient Care Settings</td>
<td>Robin Hughes, MSN, AGNP-BC, Anne M. Pohnert, BSN, MSN, FNP-BC, Mary A. Dolansky, PhD, RN, FAAN, Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP, Sherry A. Greenberg, PhD, RN, GNP-BC, FGSA, FAANP, FAAN</td>
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<td>Feasibility Study: Understanding the Effects of Work and Family Stress on T2DM Management Among Aging, Working Latinas</td>
<td>Stephanie M. Pavon, PhDc, MSN, RN, Increasing Nursing Workforce Diversity Through Innovative Training and Career Development: Research Protocol, Stephanie Trotter, PhD, RN, Leah Richardson, PhD, RN, “A World Upside Down:” Family Caregiving During COVID, Sue McLennon, PhD, ANP-BC, CHPN, Nirmala Lekhak, PhD, RN, Family Members’ Knowledge, Attitude, and Role Perception about Intensive Care Unit Nurses after the Passage of Well-Dying Act regarding Life-Sustaining Treatment in South Korea, Sunghee H Tak, PhD, MPH, RN, Sunjung Kim, MS, RN, *What Will My Life Be Like at Age 70?: Perspectives of Undergraduate Students in an Aging Course, Susan Lowey, PhD, RN, CHPN, CNE, FPCN, HIV-Related Knowledge, Attitudes, And Perceived Stigma as Predictors of Sexual Lifestyle Behaviors of Older Adults, Tonda Martin, PN, PhD, *Movement and Memory: Association Between Physical Activity and Cognition in Cardiovascular Patients, Tracey K. Vitori, PhD, RN, ACNP, Robin Harris, PhD, RN, ANP, ACNS, Joel G. Anderson, PhD, CHTP, FGSA</td>
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Roles of knowledge and Attitude in the Willingness of Nursing Students to Care for Older People in Hong Kong

Winnie Lai-sheung Cheng, PhD, RN

The Impact of COVID-19 on Church Engagement for Black Families Affected by Dementia

Yiran Ge, BSN(c)
Mayra Sainz, MPH(c)
Janelle Gore, MPH(c)
Fayron Epps, PhD, RN

Effectiveness of Nutritional Education in Body Composition and Function for Obese Older Adults with Frailty: A Systematic Review

Yueheng Yin, RN
Justina Yat Wa Liu, PhD, RN; BNsg, MSc
Tsz Man Fan, BSN
Maritta Valimaki, PhD
Kit Man Leung, BSN
Man Wai Ng, BSN
Tsun Yee Tsang, BSN
Ka Po Wong, BSN

DONT FORGET TO DO YOUR NHCGNE SESSION EVALUATIONS!
EXECUTIVE COMMITTEE
Comprised of the President, President-Elect, Secretary, Treasurer, Legacy Affiliate Director and NHCGNE Executive Director. The Executive Committee meets biweekly to discuss overarching needs and questions raised by standing and ad hoc committees. Positioned as an oversight committee, the Executive Committee maintains focus on the NHCGNE’s strategic vision and prioritizes work to facilitate the achievement of the organization’s Mission.

Chair: J. Mentes PhD, APRN, FGSA, FAAN

EDUCATION COMMITTEE
Comprised of several Directors, the Education Committee works tirelessly to design and deploy education program offerings that are innovative and timely. During this last year, the Education Committee continued to develop and improve the Distinguished Educator Award, which is a tool to recognize excellence in the field of care of older adults.

Co-Chairs: L. Skemp, PhD, RN, FGSA, FAAN
Co-Chair: L. Grealish PhD, RN, FCNA

COMMUNICATIONS COMMITTEE
As an international organization, NHCGNE relies on the Communications Committee to provide direction and input to promote visibility through written and electronic materials. The Communications Committee crafts member-centric stories and best practice information into a monthly member digest. In the last year, NHCGNE has launched a new website with more robust offerings to support our virtual community including conference materials, event updates and job postings.

Chair: D. Owen PhD, RN

FINANCE COMMITTEE
The Finance Committee is charged with ensuring that adequate fiscal controls and procedures are in place to maintain NHCGNE’s good financial health. The Finance Committee is critical in restructuring of financial tracing and reporting. Future efforts will include exploring revenue generation and partnership opportunities. NHCGNE’s financial health is strong.

Chair: J. Overcash PhD, GNP-BC, AGSF, FGSA, FAAN

MENTOR NETWORK COMMITTEE
The Mentor Network Committee provides guidance, information and support to Archbold Scholars, Fagin Fellows and other faculty members. Recently, our Mentor Network Committee has provided a steady source of peer mentoring and educational content. The role of the Committee has expanded dramatically to include the development of learning events (webinars) to bolster networking opportunities and professional development.

Chair: A. Yevchak-Sillner PhD, GCNS-BC, RN

LEADERSHIP CONFERENCE PLANNING COMMITTEE
The heartbeat of our programming, the Leadership Conference Committee is charged with developing our annual Leadership Conference program. Due to COVID-19 the committee had to pivot to an online platform just months out. With guidance from volunteers across the nation and world, the Leadership Conference Planning Committee determines themes, establishes fiscal budget items and identifies premier thought leaders to participate in the multi-day event.

Co-Chair: P. Cacchione, PhD, CRNP, GNP, BC, FGSA, FAAN
Co-Chair: M. Boltz, PhD, GNP-BC, FGSA, FAAN

MEMBERSHIP COMMITTEE
The Membership Committee is responsible for continued retention and growth. Chaired by the Board Secretary, the Membership Committee assesses member satisfaction and develops opportunities to enhance member benefits. During this reporting cycle, the Membership Committee welcomed several member schools in 2020.

Chair: A. Ashcraft, PhD, RN, CNE, FNGNA, ANEF

NOMINATIONS COMMITTEE
The Nominations Committee oversees annual elections including the establishment of a slate of officers. NHCGNE completed an annual election leading to the installation of the President-Elect.

Chair: A. Ashcraft, PhD, RN, CNE, FNGNA, ANEF
A SPECIAL THANKS TO THE COMMITTEE MEMBERS!

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Claudia Lai
Janet Mentes
Janine Overcash
Justine Sefcik
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Ellarene Sanders

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Andrea Yevchak - Silner, Chair
Justine Sefcik, Co-Chair
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