Thriving and Resilience in Gerontological Nursing Leadership
BETTY IRENE MOORE FELLOWSHIP SUPPORTS NURSE LEADERS

Applications for 2023 cohort close Dec. 1

The Betty Irene Moore Fellowship for Nurse Leaders and Innovators is a national program developing the next generation of nurse leaders and innovators. The three-year fellowship provides $450,000 in funding and advances early- to mid-career nursing scholars to accelerate leadership in nursing research, practice, education, policy and entrepreneurship.

Fellowship highlights
- Generous project funding — $450,000
- Funding for the fellow’s institution — $50,000
- Innovative leadership curriculum with support from mentors
- Annual weeklong convocation in Sacramento, California
- Monthly online meetings supporting professional growth

Applications for the 2023 cohort close at 5 p.m. PST Dec. 1.

Attend an informational webinar

Friday, Nov. 4
9-10 a.m. PDT
CONGRATULATIONS
TO OUR
2022 CLASS OF
DISTINGUISHED
EDUCATORS

Melissa Batchelor
PhD, RN, FNP, FGSA, FAAN
George Washington University

Wen Liu
PhD, RN
University of Iowa

Alycia Bristol
PhD, RN, AGCNS-BC
University of Utah

Siobhan McMahon
PhD, MPH, GNP-BC
University of Minnesota

Mary Dyke
PhD, RN, NHA
Illinois State University

Florence Mandebvu
DNP, RN, GCNS-BC
Upstate Medical University

Katarina Friberg Felsted
PhD
University of Utah

Karen Moss
PhD, RN, CNL
Ohio State University

Jason Garbarino
DNP, RN, GER-BC, CNL
University of Vermont

Johanna Uriri-Glover
PhD, MSCR, MNSc, RN, FAAN
Arizona State University

Kelly Henrichs
DNP, RN, GNP-BC
University of Colorado

Cassandra Vonnes
DNP, GNP-BC, APRN, AOCNP, CPHQ, FAHA
H. Lee Moffitt Research Institute and Cancer Center

Ho Hok Man
BN, RN, MSc, PhD
The Chinese University of Hong Kong

Janice Whitaker
MEd, BSN, RN, CDP
Pennsylvania State University

Jacqueline LaManna
PhD, MPH, GNP-BC
University of Central Florida
## TUESDAY, OCTOBER 18

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
</tr>
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<tbody>
<tr>
<td>4:00 – 5:00 PM</td>
<td><strong>Communication CTT</strong></td>
<td>Carol Rogers, PhD, RN, CNE, FGSA</td>
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<td></td>
<td><strong>Research Interest Group Meetings</strong></td>
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<tr>
<td>5:00 - 5:50 PM</td>
<td><strong>Welcome &amp; Business Meeting</strong></td>
<td>Alyce Ashcraft, PhD, RN, CNE, ANEF, FNGNA; Ellarene Sanders, PhD, RN</td>
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<td><strong>BREAK</strong></td>
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<tr>
<td>6:00 – 7:00 PM</td>
<td><strong>KEYNOTE SESSION: Harnessing Nursing to Diminish Ageism</strong></td>
<td>Sherry Dahlke, PhD, RN, GNC(C); Kathleen Hunter, PhD, RN, NP, GNC(C), NCA</td>
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<td><strong>Session Description:</strong></td>
<td>We will explore the prevalence of ageism in society; the types of ageism; how ageism has developed from unconscious bias; and how nurses perpetuate negative perceptions about older people in their practice, in nursing education, and in common misconceptions about what gerontological nursing means. We suggest that nursing education is well situated to diminish perspectives of aging by incorporating theories of life-course and harmonious aging into the commonly accepted holistic perspective of individuals that nursing is well known for. We situate our suggestions within the WHOs recommended strategies to address ageism. These include policy and law, educational interventions, and intergenerational contact.</td>
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<td>7:00 – 7:05 PM</td>
<td><strong>BREAK</strong></td>
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<tr>
<td>Time</td>
<td>Session</td>
<td>CE Credits</td>
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| 7:05 – 7:45 PM ET | **NETWORKING SESSION:**  
Insidious Nature & Types of Ageism                         | .75 CE     |
| Speaker:  | Marie Boltz, PhD, GNP-BC, FGSA, FAAN                                  |            |
| 7:45 – 8:45 PM ET | **SPECIAL INTEREST GROUP MEETING**  
Distinguished Educator in Gerontological Nursing (Invitation Only) | NO CE      |
| Chair:    | Thomas J. Blodgett, PhD, APRN, GCNS, AGACNP-BC                        |            |

**THE CSOMAY CENTER congratulates**

**Dr. Wen Liu**, PhD, RN

Associate Professor,  
University of Iowa College of Nursing,  
Csomay Center Aging Hub  
Initiative Coordinator

**NHCGNE CERTIFICATE OF RECOGNITION FOR EXCELLENCE**  
**2022 DISTINGUISHED EDUCATOR IN GERONTOLOGICAL NURSING**
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Lead by</th>
<th>Session Description</th>
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</thead>
</table>
| 8:45 – 9:00 PM ET | SELF-CARE ACTIVITY               | Bisaya Chair Dance Challenge                                            | Lead by: Laurence L. Garcia, DScN, MN  
                          |                                                 | Daisy R. Palompon, RN, MAN, PhD, DScN, FAAN  
                          |                                                 | Ma. Mayla Imelda M. Lapa, MN  
                          |                                                 | Rhona Marie C. Noquiao, BSN, RN, MAN, LPT  
                          |                                                 | Vincent C. Pananganan, MN  
                          |                                                 | Joana Mariz C. Pananganan, MN  
                          |                                                 | Ernyl Henry E. Redula, MN  
                          | Session Description: This chair dance challenge is a simple physical exercise that requires movement of the upper body accompanied by the beat of Visayan music while sitting on a chair. It is a fun activity that is also appropriate for nurses who are unable to stand and move their entire bodies during their busy duty schedules. |  
| 9:00 – 9:15 PM ET | SELF-CARE ACTIVITY               | SKT Meditation Healing Exercise                                        | Lead by: Somporn Kantharadussadee Triamchaisri, PhD, MS, BSc  
                          | Session Description: SKT Meditation is a holistic modality for self-care and healing. It is a safe and effective intervention for communicable and noncommunicable diseases, and the end stage of life healing. It can be practiced by nurses and older adults. |  
| 9:00 – 9:15 PM ET | SELF-CARE ACTIVITY               | Mary-Go-Round                                                          | Lead by: Judith Ochieng, PhD, DNP, MSN-ED, RN, FNP-BC  
                          | Session Description: Wellness is a group effort; we will work in a group to enhance individual group members' health. |
**WEDNESDAY, OCTOBER 19**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>CE Hours</th>
<th>Notes</th>
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<tbody>
<tr>
<td>4:45 – 5:00 PM</td>
<td><strong>SELF-CARE ACTIVITY</strong>&lt;br&gt;Yoga Flow</td>
<td>NO CE</td>
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<td><strong>Lead by:</strong> Kaitlyn Adams, MEd, 200-hour CYT, CPT</td>
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<td><strong>Session Description:</strong> A simple, gentle but effective practice connecting your breath with your movements. The goal: helping to add movement into your day and body! No equipment will be necessary.</td>
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<td>5:00 – 6:30 PM</td>
<td><strong>PLENARY PANEL:</strong>&lt;br&gt;Improving Quality in Nursing Homes: It's Time!</td>
<td>1.25 CE</td>
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<td><strong>Speakers:</strong> Christine Mueller, PhD, RN, FGSA, FAAN&lt;br&gt;Gregory Alexander, PhD, RN, FAAN, FACMI&lt;br&gt;Marilyn Rantz, PhD, RN, FAAN&lt;br&gt;Jasmine Travers, PhD, MHS, RN, AGPCNP-BC</td>
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<td><strong>Session Description:</strong> Quality care in nursing homes has been a long-standing issue for decades despite recommendations in multiple reports and new regulations intended to improve the quality of care and life for residents in nursing homes. In April 2022, the National Academies of Science, Engineering and Medicine issued a comprehensive report on the quality of care in nursing homes and concluded that the way in which the United States finances, delivers, and regulates care in nursing home settings is ineffective, inefficient, fragmented, and unsustainable. The committee addressed this conclusion with seven goals and associated recommendations. This session will provide an overview of the report and outline a call to action for gerontological nurses to move the recommendations forward through practice, research, and policy.</td>
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<td>6:30 – 6:45 pm</td>
<td><strong>BREAK</strong></td>
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**6:45 – 7:45 PM ET**  
**Distinguished Educator in Gerontological Nursing Recognition**  

**Speaker:** Patti Parker, PhD, APRN, CNS, AGNP-BC, GS-C  

**Session Description:** Welcome to NHCGNE’s fifth awards ceremony. We are so excited to have everyone present to honor the Distinguished Educators in Gerontological Nursing Awardees. These individuals exemplify the qualities we hold in esteem. They have proven track records working with students, faculty, care providers, and older people in diverse settings.  

This recognition is not given lightly by NHCGNE, these awardees were required to complete a rigorous application and were required to provide evidence of success in their careers.  

**Sponsored by:** PennState  
Ross and Carol Nese  
College of Nursing  
Tressa Nese and Helen Diskevich  
Center of Geriatric Nursing Excellence

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**7:45 – 8:45 PM ET**  
**NHCGNE Mentoring Panel: Exploring How We Prepare Nurses to Be Mentors**  

**Advanced Practice Mentor & Mentee Pair:** Pamela Z. Cacchione, PhD, CRNP, BC, FGSA, FAAN  
Justine Sefcik, PhD, RN  

**Undergrad Ed: Mentor & Mentee Pair:** Alyce Ashcraft, PhD, RN, CNE, ANEF, FNGNA  
Donna Owen, PhD, RN  

**Session Description:** Chat with the mentors and mentees who have thrived professionally and personally. Our panel members will talk about their mentor relationships and lessons learned to ensure success. Tips will be shared with the audience on how to establish a mentor/mentee relationship and strengthen the partnership. Attendees will have an opportunity to ask questions.  

**Sponsored by:** EthicsGAME  
Ethics Education Transformed

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**8:45 – 9:45 PM ET**  
**SPECIAL INTEREST GROUP MEETING**  
**International Engagement & Development**  
*(OPEN TO ALL ATTENDEES)*  

**Chairs:** Sherry Dahlke, PhD, RN, GNC(C)  
Martina Roes, PhD
### THURSDAY, OCTOBER 20

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Chair/Presenter</th>
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<tbody>
<tr>
<td>4:00 – 5:00 PM</td>
<td><strong>SPECIAL INTEREST GROUP MEETINGS</strong> <em>(Invitation Only)</em></td>
<td><strong>Geropsychiatric Nursing Collaborative SIG Meeting</strong></td>
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<td><strong>GPNC Chairs:</strong> <a href="#">Lauren Hunt</a>, PhD, RN, FNP-BC</td>
<td><a href="#">Lauren Massimo</a>, PhD, CRNP</td>
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<td><strong>Legacy Session:</strong> Pivoting Aging Research to Fit NINR’s New Strategic Plan: Lessons and Discussion</td>
<td><a href="#">Helen Lach</a>, PhD, RN, CNL, FGSA, FAAN</td>
</tr>
<tr>
<td>4:45 – 5:00 PM</td>
<td><strong>SELF-CARE ACTIVITY</strong></td>
<td>Letting Go: Neck and Shoulder Relaxation</td>
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<td><strong>Lead by:</strong> <a href="#">Lynn Woods</a>, PhD, APRN-BC, FGSA, FAAN</td>
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<td><strong>Session Description:</strong> Using centering, grounding and acupressure points, attendees will learn how to relax the face, neck and shoulders at a tabletop or desk. This 2–3-minute technique will relax the face, neck and shoulders.</td>
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<tr>
<td>5:00 – 6:00 PM</td>
<td><strong>POSTER FLASH TALKS</strong></td>
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<td></td>
<td><strong>Presenter:</strong> Audric Donald</td>
<td><strong>Exploration of Meaningful and Engaging Religious Home Activities and Practices for African American Family Caregivers and Persons Living with Dementia</strong></td>
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<td><strong>Presenter:</strong> Mayra Sainz, MPH</td>
<td>&quot;I Didn't Know I Needed to Be Still&quot;: The Experiences of Black Caregivers Attending Tailored Online Worship Services</td>
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<td></td>
<td><strong>Presenter:</strong> Joan G. Carpenter, PhD, CRNP, ACHPN, FPCN</td>
<td>A Scoping Review of Telehealth Palliative Care in Nursing Homes: Characteristics and Outcomes</td>
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<tr>
<td>6:00 – 6:10 pm</td>
<td><strong>BREAK</strong></td>
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</table>
6:10 – 7:00 PM ET  |  Career Advancement & Scholarship Presentations  |  .75 CE

**Speakers:**
- **Lynn Woods**, PhD, APRN-BC, FGSA, FAAN
- **Glenna Brewster Glasgow**, PhD, RN, FNP-BC
- **Fayron Epps**, PhD, RN, FAAN
- **Yeonsu Song**, PHD, RN, FNP-C

**Session Description:**
Learn how to apply for these program scholarships from those who have received funding and successfully completed the required program elements.

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**INFORMAL NETWORKING SESSION**

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**BREAKOUT 1: RESEARCH**

**Moderators:**
- **Claudia KY Lai**, PhD, RN, FHKCERN, FHKCGN, FAAN
- **Carol Rogers**, RN

**BREAKOUT 2: PRACTICE**

**Moderators:**
- **Johannah Uriri-Glover**, PhD
- **Kuei-Min Chen**, PhD, RN, FAAN

**BREAKOUT 3: EDUCATION**

**Moderators:**
- TBD

**Session Description:**
Join this informal networking session to share and discuss ideas on research, practice, and education topics. A facilitator will be present in each breakout session to support participants.
### MARY STARK HARPER AWARD

**Interviewer:** Kathleen Buckwalter, PhD, RN, FAAN  
**Honoree:** Lois Evans, PhD, FAAN, RN  

**Session Description:** The Mary Starke Harper Distinguished Leader Interview highlights the career of a nurse whose outstanding leadership qualities and achievements serve to inspire others. The person for whom it is named—Mary Starke Harper, PhD, RN, FAAN (1919-2006)—was an American Academy of Nursing Living Legend and one of the country’s foremost authorities on mental health and aging. Harper advocated for an organized system of support for families who provided long-term care to their older adults.

The honoree this year is Lois Evans, PhD, FAAN, RN Professor Emerita, University of Pennsylvania. Lois will share valuable advice and insight into her career during her interview with Kathleen Buckwalter, PhD, RN, FAAN.

**Sponsored by:**  

| 8:00 – 8:15 PM ET | **Healing Power of Laughter** | NO CE  
|-------------------|-------------------------------|--------  
| **Lead by:** | Urszula Winkiewicz, DNP, MPH, RN  
| | Cincinnati Children’s Hospital Medical Center  
| **Session Description:** | In this session, participants will experience the therapeutic power of laughter for self-care, as well as application in clinical practice to support health and wellbeing.  

| 8:15 – 8:30 PM ET | **CLOSING**  
|-------------------|  
| **Healing Power of Laughter**  
| **Ellarene Sanders, PhD, RN** | NO CE  
| **Session Description:** | In this session, participants will experience the therapeutic power of laughter for self-care, as well as application in clinical practice to support health and wellbeing.  

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**THURSDAY, OCTOBER 20 (cont)**
### Patients as Educators: Teaching Healthy Aging

**Speakers:** Selena Gilles, DNP, ANP-BC, CNEcI, FNYAM  
Donna McCabe, DNP, GNP-BC, PMHNP-BC

**Session Description:** This presentation explores the innovative teaching model, “patient as educator.” This model aims to increase students’ exposure to active older adults managing aging and chronic illness through integration of patients as educators in the classroom. Patients serve as experts in their disease offering nursing students the experience of learning about these topics from the patient’s perspective.

### Calling All Nurse Leaders to Prepare the Next Generation of Board-Certified Geriatric Nurses

**Speakers:** Alison Kris, PhD, RN, FGSA  
Deanna Gray-Miceli, PhD, GNP-BC, FANP, FAAN, FNAP, FGSA

**Session Description:** The need for board-certified geriatric nurses, and scholars-to-be has never been more imperative. Each day 10,000 older Americans turn 65 years of age (AOA, 2022). Exemplary care to older adults best occurs by professional nurses trained to provide quality care. By obtaining gerontological certification, nurses gain power similar to board-certified advanced practice nurses. Some institutions give a bonus or differential pay raise for certification. These nurses will be further recognized if they are affiliated with a Magnet hospital that supports certification for professional development. Through the NHCGNE, Distinguished Nurse Educators-SIG, senior board-certified nurse educators, researchers, and practitioners can leverage their ongoing relationships in academia to recruit board-certified geriatric nurses. This session highlights a discussion of thoughts from nurse experts and leaders who have recruited professional nurses to become board-certified geriatric nurses. We discuss and share primary challenges, evidence-based approaches and lessons learned.
### Examining Quality of Life in Older Adults Living Near a Rock Quarry in a Historically Black Community in Nashville, Tennessee

**Speakers:** Jade P. Vergara, MSN, AGPCNP-C  
Sara Bernstein, MSHN  
Hailey Puckett, MPH  
Shawn Ruiz, BA  
Mary Recio, BS  
Callie Hall, BS

**Session Description:** Healthy People 2030 identifies the role of neighborhood and built environment as a social determinant of health. Within a historically black community in Nashville, Tennessee, residents have voiced concerns about living near a rock quarry. Scientific literature reports a correlation between exposure to rock quarries and health disparities; however, quality-of-life is understudied.

### Revisiting the Teaching Nursing Home Model: A Case Study of an Academic-Nursing Home Partnership

**Speakers:** Marie Boltz, PhD, GNP-BC, FGSA, FAAN  
Donna Fick, PhD, RN, GCNS-BC, FAAN  
Sierra Funk, DNP, MSN, RN  
Nicole Peterson, DNP, A/GPCNP-BC, CRNP, RN  
Andrew Naugle, NHA

**Session Description:** This session will provide an overview of the history of the teaching nursing home, and a recent initiative to implement the model in a pilot project funded by the Hartford Foundation and Jewish Healthcare Foundation. The session will describe the core components of the project and the partnership of a college of nursing and a nursing home (NH). The nursing home administrator and gerontological nursing faculty (graduate and under-graduate) will present the objectives of the project, key strategies to improve gerontological competence in NH staff and nursing students, implementation barriers and facilitators, and outcomes to date. Presenters will share practical approaches to support student learning, staff and resident/family engagement and knowledge building, and integration of age-friendly principles into the nursing home operations.
| On-Demand Educational Sessions (cont) |  |
|--------------------------------------|  |
| **Religion and Spirituality for Coping in Stress and Illness: Findings for Older Adults with Cognitive Impairment and Dementia and their Caregivers** | .75 CE |
| Speaker: Katherine Carroll Britt, PhD, MSN, RN |  |
| **Session Description:** This session will describe current research findings on health outcomes for religious and spiritual activities in present literature. After discussing the associations between religion and spirituality with mental and physical health in the general population, Katherine will focus on associations in older adults with cognitive impairment and dementia. She will cover four topics: (1) lack of development and validation of religious and spiritual measures in dementia, (2) lack of clinical trials of religious and spiritual practices in dementia, (3) higher frequency of religious and spiritual practice found among minority populations who are at greater risk of dementia and cognitive impairment, (4) mental and physical health outcomes associated with religious and spiritual aspects, and (5) the need for creative solutions involving technology for older adults with dementia to connect them to religious and spiritual resources and support for their practices. |  |

| **The Stigma of Aging and Dementia: Transforming Care Through Leadership** | .75 CE |
| Speaker: María de los Ángeles Ortega DNP, APRN, GNP-BC, PMHNP-BC, CDP, FAANP, FAAN |  |
| **Session Description:** This session covers the critical concepts of ageism and the stigma associated with Alzheimer’s disease and related dementias (AD/ADRD). Topics are presented from a diversity, inclusivity, health equity, caring based framework. Maria will describe a nurse-designed and led caring science-based model of dementia as an example of the significant impact gerontological nursing leadership can have in optimizing the health and quality of life of older adults and communities from diverse backgrounds living with AD/ADRD, including their family caregivers. Use of this model also supports our commitment to advance nursing science, optimize care and improve public health. |  |
## Creating a Resilient Workforce as a Nurse Leader

**— Promoting Wellness in both Nurse and Patient**

**Speaker:** Julie Hall, MSN, RN

**Session Description:** Nurse leaders and emerging leaders need to understand how to best create a resilient workforce and provide an environment in which the frontline can be supported to learn about self-care. A healthy workforce promotes wellness in patient outcomes, in our communities, and specifically in our aging populations. Nurse leaders need upstream approaches to provide innovative and sustainable solutions to combat concerns they face such as nursing shortages, turnover, vacancy, professional development needs, and cultivating new leaders. The successful nurse leader can triumph through these challenges with proven solutions for their team and the patients in which they provide care for improved health and outcomes.

## Social Support Among LGBT Older Adults During COVID-19:

**A Qualitative Descriptive Study**

**Speaker:** Kelseanne Bredner, MSN, PhD, RN

**Session Description:**

**ABSTRACT**

Since the COVID-19 pandemic, technology has steadily emerged as a central way by which older adults seek and experience social support. However, relatively few studies have explored the ways in which older adults utilize technology for social support and the social deficits that occur when technology-facilitated social support is the primary means of social contact. This qualitative study applies The Convoy Model of Social Relations to explore the ways in which LGBT+ older adults used technology for social support during the June 2020 COVID-19 lock-down. Given the unique timing of this study, our findings have important implications for social isolation resulting from age-related mobility restrictions or geographic distances among minority groups. In this educational session, we highlight the strategies for social resilience demonstrated by our participant cohort and point out social support deficits imposed by the COVID-19 lock-down.
<table>
<thead>
<tr>
<th>Session Description:</th>
<th>Exploring the Use of a Web-Based Program Among Older Adults Prescribed Oral Anticancer Agents</th>
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<tbody>
<tr>
<td>Speakers:</td>
<td>Victoria Marshall, PhD, RN</td>
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<td></td>
<td>Tina Mason, PhD, APRN, AOCN, AOCNS, FCNS</td>
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<td>Laura A. Szalacha, EdD</td>
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<td>Session Description:</td>
<td>This session will discuss the convenience and challenges of treatment with oral anticancer agents (OAA) among the older adult population, 65 years and older. Patient-reported outcomes specific to treatment with OAA will be reviewed including satisfaction with information, symptoms, and self-efficacy for managing medication. Additionally, information sharing and knowledge gaps of OAA treatment between patients and oncology health care providers (OHCP) will be discussed. Perceptions of web-based program design features that can assist in OAA management as well as the prevalence of patient technology ownership and use are described. Implications for nursing and future research will be reviewed.</td>
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| Using Storytelling to Increase Nurse's Knowledge in Caring for Older Adults |
|-----------------------------|--------------------------------------------------------------------------------|
| Speakers:                  | Michele J. Boucher, DNP, MS, RN-BC, NEA-BC, NPD-BC                                  |
|                            | Lynn Woods, PhD, APRN-BC, FGSA, FAAN                                               |
| Session Description:       | This project addresses the question: For leaders of professional development and education focused on acute care and ambulatory practice, who have not had specialty geriatric training, how does using case-based/story-telling education for the care of patients 65 years and older affect confidence levels of the 4 M's (mentation, mobility, what matters and medication) of elder care? |
Decreasing Stress in Direct Care Staff by Increasing Engagement and Connectedness with Residents Experiencing Dementia in Assisted Living Facilities

Speaker: Lynn Woods, PhD, AGNP-BC, FGSA, FAAN

Session Description: This session focuses on the CALM intervention (therapeutic communication and therapeutic touch) used by direct care staff (DCS) for residents in Assisted Living Facilities (ALFs) with behavioral symptoms of dementia (BSD). Preliminary evidence links stress and BSD modified by CALM in both resident and DCS. Additionally, CALM increases DCS engagement and connected measured by oxytocin.
Revisiting the Teaching Nursing Home: Nursing Students’ Perceptions of Working in Long-Term Care and Suggestions for Improvement

Brianna Morgan, MSN, CRNP*
Kierra Foley, MA, BSN, RN
Chelsea Dickson, BA
Howard B. Degenholtz, PhD
Ann Kolanowski, PhD, RN, FGSA, FAAN
Nancy Hodgson, PhD, RN, FAAN
Kim Strauch, MSN, RN, ANP-BC

Prayer and Compassionate Love: Impact on Psychological Well-being in Later Life

Nirmala Lekhak, PhD, RN
Tirth Bhatta, PhD

Using Co-Lecturing Approach to Engage Nursing Students in Promoting Healthy Aging

Maggie MK Chan, DHSc, RN, FHKAN (Gerontology)*
Janet YH Wong, PhD, FHKCHSE, FCHSM
Kelvin MP Wang, PhD, FAAN
Cecilia TY Sit, DN, FHEA, FHKCHSE
Simon Cooper, PhD, FHEA
Tyrone TO Kwok, PhD
YF Shea, MBBS
Henry Chan, BSc
Celine SL Ngai, MPH
To CT Fok, BSc

Active Older Adult Wellness

Robingale Panepinto, DNP, RN
Cathy A. Maxwell, PhD, RN, FAAN
Julie Perry, PhD, RN

Building Capacity for Leadership in Geriatric Nursing Through an Older Adult Specialty Interest Scholars (OASIS) Immersion Experience

Cheryl Lacasse, PhD, RN, AOCNS
Linda Perez, MAdmin., RN
Kimberly Shea, PhD, RN, CHPN
Mary O’Connell, MA, RN, PHN
Laurel Bilbo, MSN/ED., RN
Linda Phillips, PhD, RN

Integrated Behavioral Health in Primary Care for the Older Adult: An Integrated Review

Tarah Fron, MPH, BSN, RN
Erin Donovan, EdD, MSN, RN

The Value of a Person with Dementia Co-Teaching an Interprofessional Dementia Elective

Michelle Kimzey, PhD, MS, RN
Beth Mastel-Smith, PhD, MS, RN
McKenzie Mock, Undergraduate Student

This session is about a study exploring the value of having an expert by experience living with dementia co-teach a course on dementia. Students went from concern and apprehension to respect and empathy as the course evolved. The qualitative study results proved this interaction reduced dementia stigma and increased knowledge and much more.

Designing a Coding Scheme for Video Analysis of Older Adults Engaged in Robot-Mediated Activities

Emily Latshaw, Nursing Student
Miroslava Migovich, Graduate Student
Ritam Ghosh, Graduate Student
Nibras Khan
Cathy Maxwell, PhD, RN, FAAN
Nilanjan Sarkar, PhD
Lorraine C. Mion, PhD, RN, FAAN
Judith A. Tate, PhD, RN, FAAN
Posters (cont)

Ageism: Toward an Inclusive Lens
Sarah McKiddy, BSN, Predoctoral Scholar
Aaron Rosser, BS, BA
Basia Belza, PhD, RN, FAAN, FGSA

Dementia-Friendly in Context of Hospitalization: A Concept Analysis
Ellen Munsterman, MSN, APRN, AGCNS-BC
Pam Cacchione, PhD, CRNP, BC, FGSA, FAAN
Nancy Hodgson, PhD, RN, FAAN
Adriana Perez, PhD, ANP-BC, FAAN

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Bob Hanley

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**DISTINGUISHED LEADER:**

**LOIS EVANS,** PhD, RN, FAAN
Professor Emerita, University of Pennsylvania in Philadelphia

Dr. Lois Evans is a distinguished leader in geriatric and mental health nursing, her notable research accomplishments include groundbreaking studies on sundown syndrome, reducing the use of physical restraints with frail elders in hospitals and nursing homes; co-leadership of a John A. Hartford-funded project at the AAN-facilitated integration of geropsychiatric nursing education for American undergraduate and graduate programs. Her extensive background in aging, mental health, long-term care and health care systems enabled her leadership in launching Penn Nursing’s academic practices. Her text, *Academic Nursing Practice: Helping to Shape the Future of Healthcare*, describes the unique learning laboratory for integrating education, research, and practice.

As a School of Nursing Division Chair, she facilitated the development and implementation of a school-wide faculty mentorship program and helped launch a developmental ladder for non-professorial faculty. Her interprofessional leadership within the University focused on faculty diversity and research, clinical practice and education in aging. Over her career, she mentored some 50 pre-doctoral students, post-doctoral fellows and young professionals; held three distinguished endowed chairs; and was honored by numerous national awards. Dr. Evans remains engaged in Geropsychiatric Nursing Collaborative’s national efforts to enhance education and practice in geropsychiatric nursing and serves on the Board of Philadelphia’s Penn’s Village, helping neighbors ‘age in place’.

Dr. Evans earned a BSN degree from West Virginia University and masters and PhD degrees from The Catholic University of America.
Kaitlyn Adams, MEd, 200-hour CYT, CPT
Kaitlyn Adams has a Master of Education in Physical Activity and Health with a minor in Integrative Therapy and Healing from the University of Minnesota. She believes that movement and physical activity is not only important for our physical health and well-being but is pivotal for our mental and emotional health. Kaitlyn has been a certified yoga instructor teaching yoga in Minneapolis since 2013 and personal training since 2019. She is passionate about helping people learn to enjoy movement and help them find the best ways to add it into their lives so that they can look forward to it and enjoy the lifelong benefits of being active!

Gregory Alexander, PhD, RN, FAAN, FACMI
Plenary Panel
Dr. Alexander has a broad background in human factors, informatics, gerontology, patient safety and quality measures. He is a Fellow in the American Academy of Nursing, American College of Medical Informatics, and International Academy of Health Sciences Informatics. He is currently completing a second national study assessing the impact of information system maturity on nursing home quality measurements. Dr. Alexander recently served on the national advisory council for AHRQ. He is the author of the first book for information technology implementation in long term care titled: An Introduction to Clinical Health Information Technology for Long Term/Post-Acute Care Healthcare, 2018.

Alyce Ashcraft, PhD, RN, CNE, ANEF, FNGNA*
Alyce Ashcraft, PhD, RN, CNE is Professor and Associate Dean for Research and Scholarship in the School of Nursing at Texas Tech University Health Science Center, Lubbock, Texas. Dr. Ashcraft earned a BSN from Texas Woman’s University, an MSN from the University of Texas at Arlington, and a PhD in Nursing from the University of Texas at Austin. Dr. Ashcraft also completed an Advanced Practice Gerontology post-master’s certificate in Gerontology from Oregon Health and Science University. Dr. Ashcraft’s research has focused on rural older adults, end-of-life planning, and early identification, and reporting of signs and symptoms indicative of a change of condition for nursing home residents.

Marie Boltz, PhD, GNP-BC, FGSA, FAAN
Marie Boltz is the Elouise Ross Eberly and Robert Eberly Endowed Chair, and professor at the Penn State Nese College of Nursing, and Associate Director of the Center for Geriatric Nursing Excellence. Dr. Boltz has taught gerontological nursing at the undergraduate and graduate level, as well as courses in the PhD program. She has authored/co-authored numerous teaching resources and tools for clinicians, and older adults and their families. Dr. Boltz’s areas of research focus on dementia dyadic and triadic interventions that support functional recovery and caregiver coping/efficacy during hospitalization and post-acute periods, and organizational models that support well-being and quality of life in persons with dementia. Her multiple research studies have been funded by the National institute on Aging, National Institute on Nursing Research, and multiple foundations. Her translational work includes the development and evaluation of tools and resources that support organizational readiness for evidence-based care across settings, and approaches to implementation that engage care recipients, families, clinicians, and administrators. A certified geriatric nurse practitioner, she has extensive clinical and administrative experience and serves as a quality-of-care consultant for government and regulatory agencies. Her scholarship has been recognized with writing awards, teaching awards, and research awards, including the Building Academic Geriatric Nursing Capacity (BAGNC) Fagin Fellowship, the Eastern Nursing Research Society Geriatric Practice Research Award, and the Gerontological Society of America Doris Schwartz Gerontological Nursing Research Award. Dr. Boltz is a fellow in the Gerontological Society of America and the American Academy of Nursing.
Katherine “Kat” Caroll Britt, PhD, MSN-IQS, RN

Kat Britt is a 2021-2023 Jonas Scholar, recent PhD from the University of Texas at Austin, and an incoming T32 Postdoctoral Fellow at the University of Pennsylvania School of Nursing, New Courtland Center for Transitions and Health, USA. Her area of research focuses on identifying protective factors, such as religious and spiritual practice, against developing conditions for further cognitive decline among older adults including Alzheimer’s disease and related dementias (ADRD).

Kelseanne Breder, PhD, RN, MSN

Professor Breder’s research interests include LGBT health, reproductive rights advocacy, mental health, social determinants of health, social support, empathy and learning, art and alternative therapies, and user-focused informatics interventions.

Before joining the faculty at NYU, Professor Breder served as an adjunct professor at Columbia University and Pace University. As a psychiatric-mental health nurse practitioner, Breder has cared for a range of patient populations, from private practice clients to clients who formerly or currently experience homelessness in New York City.

Glenna Brewster, PhD, RN, FNP-BC

Dr. Glenna Brewster is an Assistant Professor at the Nell Hodgson Woodruff School of Nursing at Emory University. She graduated from the University of South Florida with a Bachelor’s and Masters of Science in Nursing, a Masters of Arts in Gerontology, and a PhD in Nursing Science. She completed a postdoctoral fellowship with the Center for Sleep and Circadian Neurobiology at the University of Pennsylvania, School of Medicine. Her research aims to examine the effect of sleep disturbance and behavioral sleep interventions on psychological, cognitive, and physiological outcomes in persons living with cognitive impairment and their care partners/caregivers. Dr. Brewster has been funded by the National Hartford Center of Gerontological Nursing Excellence, the National Institute on Aging, the National Institute of Nursing Research, and the National Heart, Lung and Blood Institute through her participation in the Programs to Increase Diversity in Behavioral Sleep Medicine and Sleep Disorders Research. She is currently funded by the Alzheimer’s Association. Dr. Brewster has served as a member of the Board of Directors for the National Hartford Center of Gerontological Nursing Excellence and a co-convenor for the Nursing Care of Older Adults research interest group for the Gerontological Society of America. She has published her work in multidisciplinary journals including
Geriatric Nursing and the Journal of Aging and Health. Dr. Brewster has given numerous presentations about her work at local, regional, and international conferences including the Alzheimer’s Association International Conference, SLEEP and Gerontological Society of America.

**Kathleen Buckwalter, PhD, RN, FAAN**

Dr. Buckwalter is recognized for her research in geropsychiatric nursing and long-term care. She has a sustained record of private and federal support (NINR, NIMH, NIA, AoA) related to the evaluation of nursing interventions for geropsychiatric populations. Her particular interest is in behavioral management strategies for dementia caregivers and the effectiveness of community programs to prevent, minimize, and treat psychiatric problems in the rural elderly. She is a member of the National Academy of Medicine and former editor of Research in Gerontological Nursing and the Journal of Gerontological Nursing. The recipient of numerous honors and awards, Dr. Buckwalter serves on many review committees, editorial boards, and advisory groups. She has authored over 400 articles, 90 book chapters, 10 health policy and commissioned papers, 50 monographs/videos/media, over 100 editorials/reviews/commentaries, and has edited 8 books.

**Pamela Z. Cacchione, PhD, CRNP, BC, FGSA, FAAN**

Dr. Cacchione is the Ralston House Term Chair in Gerontological Nursing and an Associate Professor of Geropsychiatric Nursing at the University of Pennsylvania, School of Nursing (Penn Nursing). She also serves as a Nurse Scientist at Penn Presbyterian Medical Center working on several projects: Multimodal intervention to decrease violence and aggression in the ED; a Debriefing Project; a Sepsis Escape Room and a PARO Robot Study on the Acute Care for the Elderly Unit. Prior to this she was the Director of Research and worked as a gerontological nurse practitioner in geropsychiatric practice at Mercy LIFE West Philadelphia, a Program of All-inclusive Care for the Elderly. Her research foci within PACE included, falls, dementia, end-of-life decision making and robotics. Her program of research expanded from sensory impairment in older adults to the usability and acceptability of technology (robotics) among older adults. Dr. Cacchione received her BSN from Villanova University College of Nursing, MSN as a Gerontological Nurse Practitioner from Marymount University School of Nursing, and her PhD from Saint Louis University School of Nursing. She completed a postdoctoral research fellowship at The University of Iowa College of Nursing, focused on delirium in sensory impaired rural older adults in long-term care.

**Yingying (Ying) Chen, DNP, RN**

Yingying Chen is a Clinical Assistant Professor and is leading the Master of Science in Aging in Mandarin program at Edson College of Nursing and Health Innovation at Arizona State University. She received her initial nursing degree from Fujian University of Traditional Chinese Medicine, and later completed RN-BSN program at the Saint Mary’s University of Minnesota. In 2018, she obtained her doctoral degree in Integrative Health and Healing at the University of Minnesota School of Nursing. She has nearly a decade of clinical nursing experience working serving older adults in various healthcare settings in both U.S. and China. She has a keen interest in holistic therapies and is a certified Tai Chi instructor and a Reiki Master. Dr. Chen’s greatest passion is to bridge healthcare between the West and the East and improve the quality of life for older adults.

**Kuei-Min Chen, PhD, RN, FAAN**

Kuei-Min Chen is the Vice President for Global Affairs and the Director of Center for Long-term Care Research at Kaohsiung Medical University in Taiwan. Professor Chen has been teaching, practicing, and conducting research in gerontological nursing for almost 30 years. Her research focuses on developing and applying various complementary/alternative therapies to promote the health of older populations. Professor Chen leads an interprofessional research team called the “Health Promotion of Older Adults,” and has developed six innovative exercise programs for various older populations that are being used in 212 community care centers and 20 long-term care facilities in Taiwan and by researchers in Australia, England, India, and Hong Kong. Professor Chen has developed the “Health Model for Older Adults”, that identifies the key health indicators of older adults, which has been highly cited by international scholars. Her work has been disseminated in international journals and conferences. Professor Chen is a national and international leader in research on physical activity intervention and its translation into practice for the purpose of improving the health of older adults.
Sherry Dahlke, PhD, RN, GNC(C)  
**Keynote**

Dr. Dahlke is an associate professor in the faculty of nursing at the University of Alberta, Canada. She has received international recognition as a Gerontological Nurse Educator, is a certified gerontological nurse and has been awarded research funding from Canadian national funding. Her program of research aims to understand how to improve nursing practice with older people through three main themes: (1) nurses in interprofessional teams caring for older people; (2) examining and improving nursing education related to older people; (3) the influence of ageism and stigma for older persons.

Fayron Epps, PhD, RN, FAAN

Dr. Fayron Epps is a nurse with 20 years of experience and is currently serving as an Assistant Professor at Emory University, Nell Hodgson Woodruff School of Nursing. Dr. Epps is an active member with numerous professional organizations. She currently serves on the Board of Directors for Southern Gerontological Society, Alzheimer’s Association Georgia Chapter, and Meals on Wheels Atlanta. Her career goal as a nurse scholar is to promote quality of life for African American families affected by dementia through research, education and service. Her program of research involves evidence-based practices for promoting quality of life for African Americans with dementia and their family caregivers. She is particularly interested in exploring way religious activities and spiritual connectedness can promote meaningful engagement among persons with dementia.

Lois K. Evans, PhD, FAAN, RN

Dr. Lois Evans is a Professor Emerita of Nursing at the University of Pennsylvania in Philadelphia. A distinguished leader in geriatric and mental health nursing, her notable research accomplishments include groundbreaking studies on sundown syndrome, reducing the use of physical restraints with frail elders in hospitals and nursing homes; co-leadership of a John A. Hartford-funded project at the AAN-facilitated, integration of geropsychiatric nursing education for American undergraduate and graduate programs. Her extensive background in aging, mental health, long term care and health care systems enabled her leadership in launching Penn Nursing’s academic practices. Her text, Academic Nursing Practice—Helping to Shape the Future of Health Care, describes the unique learning laboratory for integrating education, research, and practice.

As a School of Nursing Division Chair, she facilitated the development and implementation of a school-wide faculty mentorship program and helped launch a developmental ladder for non-professorial faculty. Her interprofessional leadership within the University focused on faculty diversity and research, clinical practice and education in aging. Over her career, she mentored some 50 pre-doctoral students, post-doctoral fellows and young professionals; held three distinguished endowed chairs; and was honored by numerous national awards. Dr. Evans remains engaged in Geropsychiatric Nursing Collaborative’s national efforts to enhance education and practice in geropsychiatric nursing and serves on the Board of Philadelphia’s Penn’s Village, helping neighbors ‘age in place.’

Dr. Evans earned a BSN degree from West Virginia University and masters and PhD degrees from The Catholic University of America.

Donna M. Fick, PhD, RN, GCNS-BC, FAAN

Donna Marie Fick is a Distinguished Professor in The Pennsylvania State University College of Nursing, the Elouise Ross Eberly Endowed Professor of Nursing, and Director of the Center for Geriatric Nursing Excellence. Her area of research has focused on two critical issues in the care of older adults, inappropriate medication use and delirium superimposed on dementia (DSD). She is a member of the interdisciplinary panel for the American Geriatrics Society (AGS) Beers Criteria for inappropriate medication use in older adults and serves on the AGS Board. Dr. Fick has co-chaired the Beers Criteria since 2001. These criteria, which specify drugs to avoid in older adults, are widely used to improve prescribing practices, has been cited over 3,000 times. The criteria are currently being updated for a 2022 release. Dr. Fick also serves as an expert faculty member and coach for the Creating an Age Friendly Health System Initiative funded by the John A. Hartford Foundation and led by the Institute of Healthcare Improvement.

Dr. Fick is nationally and internationally recognized as a leading expert in geriatric care and research and is best known for her work on DSD and ultra-brief delirium detection at the bedside. Along with her team, she has transformed the way clinicians approach delirium and delirium in persons with dementia in the hospital setting. Dr. Fick widely disseminates her work through over 150
publications, national media coverage, and national and international presentations. She is instrumental in advancing the health care policies of the JAH and IHI. Dr. Fick has been Editor of the Journal of Gerontological Nursing since 2011 and is board certified as a Gerontological Clinical Nurse Specialist through 2024.

Laurence L. Garcia, MN, DSCN
Dr. Laurence L. Garcia is an Associate Professor of the College of Nursing of Cebu Normal University. He specializes in Mental Health Psychiatric Nursing and Gerontology Nursing. Currently, he is the Officer-in-charge of the Office of the Board and University Secretary and the Founding Director of the Research Institute for Ageing and Health. He served as Director of the Center for Research and Development, Managing Editor of the CNU Journal for Higher Education, Presidential Assistant for Planning and Development, and was the Former Dean of Nursing. His works centered on mental health and care of the older persons. He was able to contribute in the formulation of policies to provide greater comfort to the older population. He was also able to lead projects on the provision of services for the older people. His researches were focused on this age group and were presented in national and international conferences and were published in reputable local and international journals.

Selena Gilles, DNP, ANP-BC, CNEcl, FNYAM
Dr Selena A Gilles is Clinical Associate Professor and Associate Dean of the Undergraduate Program a New York University Rory Meyers College of Nursing. She is an Affiliate Faculty member of the Hartford Institute for Geriatric Nursing (HIGN) where she serves as Co-Director of HIGN Scholars Program. Dr. Gilles is also an Affiliate Associate Professor at Howard University College of Nursing and Allied Health Sciences and Volunteer Associate Professor for the State University of Haiti.

Deanna Gray-Miceli, PhD, BNP-BC, FANP, FNAP, FGSA
Deanna Gray-Miceli is Professor, Jefferson College of Nursing, Thomas Jefferson University, Director of Implementation Science in Falls Prevention, Deputy Director, Jefferson Center for Injury
Research Prevention (JCIRP), The John A. Hartford Building Academic Geriatric Nursing Capacity Post-Doctoral Scholar (2002-2004), Distinguished Educator of Geriatric Nursing and a nationally certified Gerontological Nurse Practitioner. Dr. Gray-Miceli’s research- and practice-based innovations – developed during more than three decades of work – have helped reduce the number falls among older adults in long-term care. She has developed and tested a practice-based process of care measure for use by registered nurses with older patients who fall in nursing homes. As part of a 2002-2004 Post-Doctoral Fellowship funded by the John A Hartford Foundation, Dr. Gray-Miceli’s innovation included the development and psychometric testing of 30-item nurse-driven, comprehensive post-fall assessment and clinical decision support tool, called the Post-Fall IndexTM. The PFITM has been shown effective in reducing total and recurrent falls among older adults in long-term care.

**Kathleen F. Hunter**, PhD, RN, NP, GNC(C), NCA

**Keynote**

Kathleen F. Hunter (Professor, University of Alberta) holds specialization in gerontological and continence nursing. In addition to teaching and research, she is an NP at a continence clinic. Research interests: Continence care and hospital care for older persons; ageism and unconscious bias in health care settings and nursing practice.

**Alison Kris**, PhD, RN, FGSA

Dr. Alison E. Kris is a nurse-researcher focused on the quality of care and quality of life for residents living in nursing homes. Her program of research includes investigating the effectiveness of reminiscence interventions to improve mood and memory in residents with Alzheimer’s disease and related dementias. Most recently, her efforts focused on advocating for the needs of residents in long-term care during the COVID-19 pandemic. In addition, Alison currently serves as Chair of the Fairfield University Institutional Review Board. She serves as a board member of United Methodist Homes, the Connecticut Coalition to Improve End of Life Care and the International Center for Life Story Innovations and Practice. She is currently a Professor at Fairfield University where she has taught a stand-alone Geriatrics Course to more than 1,000 undergraduate students.

**Claudia KY Lai**, PhD, RN, FHKCERN, FHKCGN, FAAN

Claudia KY Lai has practiced nursing in Hong Kong, Canada, and England, and worked briefly as a volunteer nurse in India. She has two main research programs – the care of people with dementia and their families, and the care of frail older people. She focuses on interventional and implementation research, aiming to make an impact on the health and wellbeing of humankind through changes in practice. Under her leadership, the Centre for Gerontological Nursing at PolyU became a member of the National Hartford Center of Gerontological Nursing Excellence (NHCGNE) in 2014. She is keen to nurture the next generation of leaders and game changers in different disciplines, and not only in nursing. Presently, she has mentees in different parts of the world. She publishes widely and won 26 research and education awards for her work on health promotion, knowledge dissemination, and dementia care. She is dedicated to the cause of dementia care and has volunteered at the Hong Kong Alzheimer’s Disease Association since 1996. She serves as an honorary advisor to many NGOs and professional associations. A member of the Honor Society of Nursing, Sigma Theta Tau International (Sigma) since 1994, she actively participates in various task forces and was elected Sigma’s first Regional Coordinator for the Asia Region. She was elected again for a second term and continues to drive networking and development of the Asia region in connection with the rest of the world. Over the course of her career, she has volunteered her time in local and international professional initiatives. She was inducted as a fellow of the American Academy of Nursing in 2015, and into the International Nurse Researcher Hall of Fame of Sigma in July 2018. Presently she is on the Board of NHCGNE.

**Ma. Mayla Imelda M. Lapa**, MN

Ms. Ma. Mayla Imelda M. Lapa is a nurse by profession and currently enrolled in the program Doctor of Science in Nursing. In her 10 years of hospital experience she had been engaged in the care of patients across the ages, most especially the elderly population. As a tenured professor in Cebu Normal University, she is also engaged in research focusing on psychiatry and elderly care.
Victoria K. Marshall, PhD, RN
Dr. Victoria Marshall is an Assistant Professor in the College of Nursing at the University of South Florida. Her research focuses on how cancer patients’ beliefs and perceptions of their health care are formed and changed over the course of their treatment, in order to improve their decision-making ability as they approach end of life. Her research also focuses on developing technologies to support the self-management of oral oncolytic therapies and related symptoms, specifically in older adults managing multiple chronic conditions including cancer.

Donna McCabe, DNP, GNP-BC, PMHNP-BC
Donna McCabe is a clinical associate professor at NYU Rory Meyers College of Nursing and a Fellow in the Hartford Institute for Geriatric Nursing at NYU Meyers. She is a board-certified geriatric nurse practitioner and psychiatric mental health nurse practitioner. Dr. McCabe has spent her career working with older adults in acute care, nursing home, and community settings. Her clinical work focuses on improving the quality and safety of care for the aging and older adult population.

Mary Alice Momeyer, DNP, APRN-CNP
Mary Alice Momeyer has been with the College of Nursing since 2001 teaching in the undergraduate, graduate and Doctor of Nursing Practice (DNP) programs. She has most recently been responsible for didactic and clinical teaching in the Adult-Gero Primary Care Nurse Practitioner track specializing in the older adult population. Mary Alice has a specialty interest in advance care planning and dementia care. She completed post-master’s certification programs at The Ohio State University and Northern Kentucky University to become dual certified as both an Adult and Geriatric Nurse Practitioner. She earned a DNP degree from Chatham University in Pittsburgh, PA. In addition to her academic responsibilities at the college Mary Alice maintains a clinical practice as a Geriatric Nurse Practitioner.

Christine Mueller, PhD, RN, FGSA, FAAN
Plenary Panel
Christine Mueller is a professor and Senior Executive Associate Dean of Academic Programs at the University of Minnesota, School of Nursing and holds the Kathrine R. and C. Walton Lillehei Chair in Nursing Leadership.

Dr. Mueller’s research career has focused on improving the care of elders living in nursing homes and her research focuses on factors that can influence quality of nursing home care. She has served as a PI on numerous grants and received over $5 million in federal, national, state and local funding. She has provided national leadership on teaching geriatric nursing, with a particular emphasis on using the nursing home setting as a clinical learning laboratory for teaching geriatric nursing. She has called attention to the role of professional nursing in nursing homes that are transforming both environmentally and through clinical and organizational practices to support person directed care. Dr. Mueller was a member of the National Academy of
Medicine Committee on Nursing Home Quality and is the chair for the Health Sciences section of the Gerontological Society of America. She serves on the board of directors for the National Hartford Center for Gerontological Excellence and is a board member for the Minnesota Board on Aging.

Andrew Naugle, NHA
Andrew Naugle is the Administrator at Centre Crest Nursing Home in Bellefonte, PA, which is currently building a 240-bed state of the art facility off of Benner Pike. He is a 2013 Clarion University Graduate with a bachelor’s degree in Business Administration as well as minorings in Marketing and Finance. Andrew Received his Nursing Home Administrator license in 2014 and has been working in the long-term care field since the age of 15. He has always taken a vested interest in all the residents who make Centre Crest their home and the staff who go above and beyond providing care for our community loved ones. He recently was a 2019 young professional of the year finalist for the Chamber of Business and Industry of Centre County and a 2019 Centre County Leadership Graduate. He serves on the United Way of Centre County Board of Directors, PACAH Board of Directors and Centre County Library and Historical Museum Board of Directors.

Ms. Rhona Marie C. Noquiao is currently a CHED Scholar for the Doctor of Science major in Gerontology. She works as a full-time regular faculty in Cebu Normal University-College of Nursing. She is also a researcher and an advocate of older people whom she acknowledges to be great sources of wisdom having experienced life for the longer time.

Dr. Judith Ochieng, PhD, DNP, MSN-ED, RN, FNP-BC
Judith Ochieng is a Clinical Assistant Professor at Arizona State University. Ochieng is also a Family nurse practitioner. She has worked in Family practice, internal medicine and currently in family/addiction medicine. Ochieng’s pursuit for excellence led her to return to School to complete both her PhD & DNP with FNP specialty at the University of Arizona. While going to school at the University of Arizona, she was also teaching in the Master’s Entry level Program in Nursing at the University of Arizona College of Nursing in Phoenix, and online teaching at Grand Canyon University. Ochieng became a full-time faculty at the University of Arizona after completing her PhD/DNP. Currently she teaches in the DNP program at ASU CONHI in FNP courses, Theory, Advanced Health Assessment Across Life Span, Statistics, Evaluation of Research Practices, and mentoring students in their DNP projects.

Dr. Maria de los Ángeles Ortega is the Associate Dean of Clinical Practice, the Director of the Louis and Anne Green Memory and Wellness Center and a Professor of the Christine E. Lynn College of Nursing at Florida Atlantic University (FAU) in Boca Raton, Florida. She is also an Assistant Professor of Clinical Biomedical Science at FAU’s Charles E. Schmidt College of Medicine.

Dr. Ortega is a Board Certified Gerontological and Psychiatric Mental Health Nurse Practitioner who specializes in caring for the older adult. She is also nationally certified as a Dementia Practitioner. Her work focuses on transforming health care environments by providing interprofessional, culturally responsive, and linguistically appropriate interventions, opening and increasing access to dementia specific care and supportive services for ethnically diverse persons living with Alzheimer’s disease and related dementias and their family caregivers.

Dr. Ortega is the FAU Memory Disorder Clinic Coordinator for the Florida Department of Elder Affairs, Alzheimer’s Disease Initiative. In 2019, she was appointed by the United States Secretary of Health and Human Services (HHS) to the Advisory Council on Alzheimer’s Research, Care, and Services, and invited to take a leadership role as the chair of the Clinical Care subcommittee beginning summer 2021. The advisory council was established in 2011 and meets quarterly to continue development and progress on the National Plan to Address Alzheimer’s Disease by HHS, Veterans Affairs, the Department of Defense, and the National Science Foundation to address the disease.

Donna Owen, PhD, RN, CNE
Donna C. Owen, PhD, RN, CNE is a Professor in the School of Nursing at Texas Tech University Health Sciences Center, Lubbock, TX, working with students in the graduate program. Dr. Owen earned a BA in Biology, a BS in Nursing, and a PhD in Nursing from Case Western Reserve University, Cleveland, Ohio. She earned a MS in Nursing from Boston University. Dr. Owen has completed postdoctoral
work in geriatrics and has expertise in communications, dementia, and long-term care. She has had academic appointments in nursing at Boston University, Case Western Reserve University, and Emory University prior to her move to Texas Tech University Health Sciences Center. She has received funding from the Oncology Nursing Foundation, the Texas Department of Aging and Disability, and the Carillon Research and Education Center. Dr. Owen has a demonstrated commitment to mentoring faculty in use of research methods in a variety of areas including geriatrics, oncology, risky behavior, and culturally relevant approaches to research. She has over 50 publications and is engaged in research about interprofessional communication in the long-term care setting. She has strong interest in the theory development and is engaged in the study of constructs with the Transformation for Health model.

Daisy R. Palompon, RN, MAN, PhD, DScN, FAAN

Dr. Daisy R. Palompon is a Professor of Cebu Normal University in Cebu City, Philippines. She served as VP Academic Affairs, VP Research, Extension and Publication, Director of the Center for Research and Development and dean of the College of Nursing of CNU. As a tenured Professor, she is privileged to practice her advocacy towards advancement of nursing education, research and practice in the Philippines specifically on the field of gerontology and adult health nursing. Her passion for teaching and research are focused on health research, education and gerontology nursing. She was recently been awarded as Fellow of the American Academy of Nursing and Distinguished Educator in Gerontology Nursing by the National Hartford Center of Gerontological Excellence. Currently, she is serving as the Officer-In-Charge of the Office of the University President of CNU.

Joana Mariz C. Pananganan, MN

Ms. Joana Mariz C. Pananganan is an Instructor at Cebu Normal University College of Nursing, Cebu, Philippines. She has served in the college as the Related Learning Experience Chair and Quality Assurance Officer. As a nurse practitioner, she was involved in the training and continuous development of staff nurses and specialized in Medical-Surgical Nursing with experience in Maternal and Child Nursing and Pediatric Nursing. She is currently into research involving communicable diseases specifically tuberculosis and HIV. She is also engaged in studies related to ageing and elderly care. She currently pursues a post graduate degree specializing in Gerontology Nursing.
Vincent C. Pananganan, MN

Mr. Vincent C. Pananganan is an assistant professor in CNU-College of Nursing. As a nurse educator, he is part of the teaching team for Medical-Surgical Nursing, Nursing Informatics, and strategies in Nursing Instruction. He is engaged in multiple advocacies and projects with government and non-government institutions in the field of Health Governance, Emergency and Disaster Preparedness and as well Care for the Elderly.

Patti Parker, PhD, APRN, CNS, ANP, GNP-BC

Dr. Patti Parker is an assistant professor of clinical nursing at the University of Texas College of Nursing and Health Innovation in Arlington, Texas. She has educated nurse practitioner students in the UT system since the fall of 1994. Her educational areas include general gerontology, pharmacology, hematology, endocrinology, and medical dermatology. Dr. Parker is certified as an adult health clinical nurse specialist and as an adult/geriatric nurse practitioner. She earned her PhD degree in gerontology from the University of North Texas. In addition to her clinical practice in geriatric specific settings, she practiced for 7 years in the medical dermatology arena.

Nicole Peterson, DNP, A/GPCNP-BC, CRNP, RN

Dr. Peterson has been an adult & gerontological primary care nurse practitioner since 2008, with clinical practice experience in long term care, community care, home care and primary care. This includes providing geriatric and primary care to the Meskwaki Nation community (Sac & Fox Tribe of the Mississippi in Iowa and their employees). She has teaching experience in undergraduate and graduate nursing including master’s and doctorate level, as well as serving as a geriatric nurse practitioner preceptor to numerous students including family medicine residents. Her teaching experience includes lecture, on-line, clinical practicums and simulation; with emphasis on utilizing active learning strategies in the classroom. As an enrolled member of the Menominee Nation of Wisconsin and a first-generation college student, she strives to be a supportive resource for underrepresented students in higher education. Her clinical research interest includes advance care planning. Dr. Peterson is a Respecting ChoicesR first steps and advanced steps facilitator. Her DNP project involved advance care planning conversations and completion of an Iowa Physician Order for Scope of Treatment (IPOST) when applicable, with nursing home residents in a mid-size town when the medical orders were first available statewide in Iowa. The results of her project found residents and especially family members found this approach very valuable, but more education was needed for the healthcare staff. With social work partners, Dr. Mercedes Bern-Klug PhD, MSW, MA and Jane Dohrmann MSW, LISW, ACHP-SW, this work continued via several presentations and webinars including a Hartford Foundation Change AGEnts Initiative grant project and working with the National POLST (Physician Orders for Scope of Treatment) Paradigm (as it was known at the time).

Marilyn Rantz, RN, PhD, FAAN

Marilyn Rantz is a Curators’ Professor Emerita, has a sustained career focused on improving quality of care for older people, particularly those living in nursing homes. She is a member of the National Academy of Medicine (formerly IOM) and much sought-after leading researcher, expert in quality measurement and nursing home practice. Dr. Rantz recently completed the CMS-funded Missouri Quality Initiative (MOQI). She and her multidisciplinary research teams have a track record of over $101 million in funding to conduct cutting edge research in long-term care, new delivery models of care for older adults, and technology development to enhance aging in place of community-dwelling elders. Dr Rantz is the only individual to be twice named as an Edge Runner by the American Academy of Nursing for two different innovations: 2008 for Aging in Place and TigerPlace and 2012 for the Quality Improvement Program for Missouri (QIPMO). In 2020, she was named a Living Legend in Nursing by the American Academy of Nursing.

Ernyl Henry E. Redula, MN

Mr. Ernyl Henry E. Redula is a nurse educator in Cebu Normal University- College of Nursing. He is handing Transcultural Nursing, Strategies in Nursing Education and teaching team member of Medical-Surgical Nursing, Maternal and Child Nursing, Mental Health and Psychiatric Nursing. He is actively involved in community extension programs of the deprived, depressed and the underserved adopted partner communities of the University in the promotion of health and care for the Elderly.
**Carol Rogers**, PhD, RN, CNE, FGSA
Carol Rogers is a 2008-2010 Patricia Archbold Scholar. She has over 10 years of mentoring students to leadership activities. Rogers served on the University of Oklahoma Health Sciences Center Reynolds Center of Geriatric Nursing Excellence Leadership Board. In that capacity, she led mentorship activities for doctoral and undergraduate nursing students. She has served on multiple boards and been involved in the planning and implementation of involving students in leadership positions. As a mentor of doctoral and undergraduate students, Rogers has mentored students to become involved in leadership positions.

**Ellarene Sanders**, PhD, RN
Dr. Ellarene Duis Sanders has 40+ years of experience in nursing. She has been a staff nurse, nurse manager, chief nursing officer, Magnet & shared governance director, nurse consultant, nursing faculty, and interim executive director of the Texas Nurses Association. She has been the Executive Director of NHCGNE since 2019 and is currently on faculty at Texas Tech University Health Sciences Center School of Nursing RN-BSN Program. She has worked with many different kinds of organizations, including critical access hospitals, large tertiary care health centers, educational institutions, assisted living, long term care, and professional organizations. She gained an interest in older adults during 10 years as a volunteer parish nurse and 20 years of supporting her parents as they experienced the impacts of aging including multiple chronic conditions. She has been Nurse of the Year in three different TNA districts and is an inductee of the UTMB School of Nursing Hall of Fame. She served on the ANCC Commission on the Pathway to Excellence® Program, including 2 years as Chair. She was recognized as the UTMB SON Distinguished Alumnus in 2018. She is passionate about nursing and quality of care across the lifespan.

**Justine Sefcik**, PhD, RN
Dr. Justine Sefcik is an Assistant Professor at Drexel University College of Nursing and Health Professions in the Graduate Nursing Department. She is a recipient of a 3-year K23 Mentored Patient-Oriented Research Career Development Award from the National Institutes of Health National Institute of Nursing Research. Her project is titled, “A Person-Centered Environmental and Sensory Intervention for Nursing Home Residents with Dementia who Exhibit Persistent Vocalizations”. This project aims to test the acceptability and feasibility of using a person-centered nature-based intervention in the nursing home setting. She was a 2012 – 2014 National Hartford Centers of Gerontological Nursing Excellence Patricia G. Archbold Scholar.

**Yeonsu Song**, PhD, RN, FNP-C
Yeonsu Song is a researcher and a certified family nurse practitioner with clinical skills and scientific research expertise in the fields of behavioral sleep medicine and geriatrics. She holds dual appointments as an Assistant Professor in the School of Nursing and at the David Geffen School of Medicine at the University of California, Los Angeles. She also holds the position of Affiliated Investigator with the VA Greater Los Angeles Healthcare System, Geriatric Research Education and Clinical Center. Her research goal is to improve sleep, physical and psychological health outcomes, and quality of life among older adults using a dyadic approach. She is currently conducting an NIH-funded study to refine, and pilot test the efficacy of a dyadic behavioral sleep intervention among persons with Alzheimer’s disease and their family caregivers. She also studies sleep among older Korean immigrants and older veterans with comorbid sleep apnea and other chronic conditions.

**Jasmine L. Travers**, PhD, MHS, RN, AGPCNP-BC
**Plenary Panel**
Jasmine L. Travers is an assistant professor of nursing at NYU Rory Meyers College of Nursing. Her career is dedicated to designing and conducting research to improve health outcomes and reduce health disparities in vulnerable older adult groups using both quantitative and qualitative approaches. Her current work focuses on mitigating disparities in appropriate access and use of in-home and facility-based long-term care for older adults (i.e., home & community-based settings, nursing homes, and assisted living). Dr. Travers has published widely on the topics of aging, long-term care, health disparities, workforce diversity, vaccinations, and infections. She has presented her work at regional and national health services research, gerontological, nursing, and public health conferences and most recently sat on the National Academies of Science Engineering and Medicine Committee on the Quality of Care in Nursing Homes.
Somporn Kantharadussadee Triamchaisri, PhD, MS, BSc

Dr. Somporn Kantharadussadee Triamchaisri is currently working as an Associate Professor. She was former head Department of Public Health Nursing, Faculty of Public Health, Mahidol University, Thailand. Dr. Somporn is the founder of SKT1-SKT10

Johannah Uriri-Glover, PhD

Johannah Glover is a Clinical Professor and Program Coordinator of the Edson College of Nursing and Health Innovation Master in Aging program, at Arizona State University. Currently teaching in the DNP and MS in Aging programs. She completed her PhD at Oregon Health and Science University, in Nursing Research and specializing in Gerontological Nursing Research and Research Methodology. Her postdoctoral studies were at the Medical University of South Carolina in the College of Medicine Department of Mental Health and Aging and the Department of Biometry, Epidemiology, & Informatics. Areas of expertise are in Gerontological Nursing and clinical research. She currently serves on the ASU Edson College of Nursing and Health Innovation Personnel Committee and President of Downtown Campus Senate, serving on the Senate Executive Board, University Academic Council, and the Arizona Faculties Council.

Jade P. Vergara, MSN, AGPCNP-C

Jade Vergara is an Adult/Gerontology Primary Care Nurse Practitioner (AGPCNP). She has worked as an NP since 2013 in community-based primary care of the older adult. She currently provides primary care home visits to older adults living in the independent living, assisted living, and memory care settings. Jade completed her MSN at Vanderbilt University School of Nursing in 2013 and joined Vanderbilt School of Nursing faculty as an instructor in 2019. She currently teaches Community Health in the pre-specialty program. Her interests are in the care of low-income and underserved seniors, the intersection of social determinants of health and aging, community-academic partnerships, and student wellness. Jade is a member of the American Academy of Nurse Practitioners and the Gerontological Advanced Practice Nurses Association.

• Understanding the unique and complex needs of aging populations.
• Navigating the financial aspects of aging, such as retirement and health care.
• Supporting, educating and advocating for caregivers.
• Communicating effectively with older adults.

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Urszula Winkiewicz, DNP, MPH, RN

Urszula Winkiewicz centered her nursing career on trauma-informed care of women and children. She completed a dual master’s degree program in community health nursing and public health at the University of Illinois Chicago. She graduated from the University of Minnesota with a Doctor of Nursing Practice degree specializing in Integrative Health and Healing. Prior to her current role as an Integrative Care RN at Cincinnati Children’s Hospital Medical Center, she was a NICU nurse and a pediatric home health nurse. She has also served as an advocate for survivors of sexual assault and domestic violence in multiple community-based organizations.

Lynn Woods, PhD, APRN-BC, FGSA, FAAN

Dr. Woods as an educator, nurse practitioner and researcher has focused on developing and disseminating new knowledge to strengthen humanistic care for persons with dementia. For the past 25 years, Dr. Woods work has focused on those with Alzheimer’s Disease, specifically behavioral symptoms of dementia and sleep disturbances, nonpharmacological and interventions, and understanding the biobehavioral factors, genetic, neuroendocrine and behavioral indices of stress, that contribute to BSD. Her research includes testing calming interventions for BSD, developing a heuristic model to describe biobehavioral factors, using pattern recognition methods to elucidate BSD, and identifying predictors of BSD to tailor individualized nonpharmacological interventions.

Dr. Woods collaborates with colleagues in Iceland, Australia and Brazil. Her educational and activities include the development of gerontological nursing coursework for all levels of nursing students and working nurses. Her work has been disseminated in national/international scientific journals and has contributed to the development of educational strategies to foster humanistic care, clinical expertise, and to attract nursing students to doctoral study in gerontological nursing.

Recent publications focus on genetic variations and ethno-pharmacology, the biological basis for behavioral symptoms and sleep disturbances in dementia and the development of an ethno-gerontological nursing model.
A SPECIAL CONGRATULATIONS TO THIS YEAR’S DISTINGUISHED EDUCATOR, JANICE WHITAKER!

Ying-Ling Jao, PhD, RN, FGSA
Associate Professor

Nikki L. Hill, PhD, RN, FAAN
Associate Professor, Carol A. Nese Early Career Professor in Nursing, Associate Director of the Tressa Nese and Helen Diskevich Center of Geriatric Nursing Excellence

Donna M. Fick, PhD, RN, FAAN
Elouise Ross Eberly Professor, Director of the Tressa Nese and Helen Diskevich Center of Geriatric Nursing Excellence

Marie Boltz, PhD, GNP-BC, FGSA, FAAN
Elouise Ross Eberly and Robert Eberly Endowed Professor, Associate Director of the Tressa Nese and Helen Diskevich Center of Geriatric Nursing Excellence

Andrea Yevchak Sillner, PhD, GCNS-BC, RN
Assistant Professor

Janice Whitaker, Med, BSN, RN
Administrator and Community Liaison of the Tressa Nese and Helen Diskevich Center of Geriatric Nursing Excellence

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