A Message From the President

Last Call for this President!

It has been my honor to serve as your Secretary, President-Elect, and President for the past few years. With each of these positions also came Committee service. It is there that I got to know so many of the dedicated people who belong to NHCGNE and work hard to forward its mission—“optimal health and quality of life for older adults.” Please continue your hard work because it does make a difference!

These past two years we have done much in the face of Covid. We . . .

-Reviewed and clarified goals and charges to officers and committees
-Stabilized our revenue and expenses
-Enhanced communication to our members and are in the process of updating our “Window to the World” (aka website)
-Signed agreements with Hartford Institute for Geriatric Nursing (HIGN) to share resources and the National Association of Clinical Nurse Specialists (NACNS) to use their learning platform
-Became and continue to be a member of the Nursing Community Coalition (NCC) and Leaders Engaged on Alzheimer’s Disease Coalition (LEAD) to add our voice with other organizations influencing policy and legislation in Washington DC
-Transitioned our Leadership Conference to a virtual conference format
-Continue to increase our Distinguished Educator in Gerontological Nursing numbers
-Continue to increase Special Interest Group (SIG) participation
-And . . . on a side note . . . the Executive Director and I wrote an article for June 2022 Nurse Leader Journal entitled Taking Stock: Disruption in the Life of a Professional Organization.

We have done well and our organization has come through Covid. I have every expectation that the new President, Dr. Glenn Brewster Glasgow, and the new Board of Directors will find new opportunities for us to grow and further define our relevancy in this tumultuous decade.
If you participated in the 2022 NHCGNE Leadership Conference, we hope that you enjoyed the opportunity to learn more about excellence in gerontological nursing research, policy, and practice with a focus on caregiving.

All of the conference recordings are now posted on the conference platform for those who registered. After you have signed into the conference platform, go to the Meeting Calendar and click on the session you would like to view. You will see an indication of which sessions have recordings and which sessions do not.

If you are interested in earning CEs, there is no additional cost, and the recordings will be available until December 31, 2022. After that time, you can still access and print certificates for credits you have already claimed.

Don't forget we have posters and on-demand sessions for viewing! To view the abstract and recording for on-demand sessions, click on the title of a talk you are interested in from the On Demand index.

Visit the 2022 Conference Platform
Missed the Leadership Conference?  
Register Now for the Recordings!

Don’t miss this great deal on 2022 NHCGNE Leadership Conference recordings, which include continuing education credits:
- Non-member: $185
- Student: $50
- Institution/Legacy Member: $140
- Individual Member: $165

[REGISTER FOR RECORDINGS]

NHCGNE Member News

Claudia J. Beverly 2022 Innovation Award Winner

Melissa Batchelor PhD  
George Washington University  
New, Unique Idea of the Existing Concept
In 2020, Melissa started a weekly podcast, *This is Getting Old: Moving Towards an Age-Friendly World*. The podcast doesn’t necessarily focus on “getting old” – it is more about all of the things that aren’t in place for an aging population (THAT’s what’s getting old!).

Over the past two years and 113 episodes, the podcast has evolved into being focused on the main themes of:

- Nursing leadership
- Aging
- Ageism
- Multi-sector age-friendly initiatives
- Educational content for family caregivers and health care professionals
- Alzheimer’s disease

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**Reflections on Transitions from Confidence Atakro and Claudia K. Y. Lai**

We all go through many transitions during long careers in nursing. Recently, we had a conversation with two members of the SIG-IED about recent transitions they have experienced with moving to different countries for studies and work in gerontological nursing.

**Confidence Atakro**  
(relocated to Australia for his PhD project)

**His university**: Queensland University of Technology, in Brisbane, Australia.  
**His PhD Thesis**: Exploring curricula gaps and recommendations for evidence-informed gerontological nursing curricula content and related pedagogy for Ghanaian undergraduate nursing programs.

Traveling to Australia in 2019 to undertake a PhD project in gerontological nursing education was one of the best choices I have made in my life. Through this journey, I experienced how nursing students are provided with quality education to be able to provide high-quality care to older people. I have also been fortunate to collaborate with many gerontological nursing experts who have expanded my knowledge and skills in the area of aged care education. I have also had the opportunity to share my Ghanaian culture with my supervisors who are always interested to know more about my country. I have come to understand and appreciate the value of collaborating with international partners and being involved in a professional organization (such as the SIG-IED) as a way of learning from other cultures. This collaboration has also helped prepare me to contribute to improving aged care education in Ghana and the quality of nursing care provided to older Ghanaians.

**Claudia Lai**  
(relocated to Japan at end of May 2022)

**Her position**: Professor (Special Mission)  
**Her University**: Yamaguchi University, Graduate School of Medicine Faculty of Health Sciences, in Yamaguchi, Japan
I used to think that I am comfortable working in cross-cultural contexts. Coming to work as a full-time faculty member in Japan has been a humbling experience for me. No matter how much we have worked with international partners throughout our careers, collaborating across international institutes is not the same as working side by side with colleagues being a foreign national in another country. I am slightly surprised to find out that I am not as easily adaptable as I thought I was. The learning curve is steep. Once again, I am reminded how central the role of communication is in our lives. Despite the challenges, this is also a wonderful experience in life to be able to learn more deeply about another culture, make new friends, and develop new skills. I am grateful for what life has given me and will certainly do my best to rise to the challenges.

In Memoriam: Janet Specht

After a 4 1/2-year journey with cancer, Janet K. Pringle Specht peacefully passed away on October 24, 2022. Janet had a long career of caregiving. She served as the Director of Nursing of the Iowa Veterans Home (1965-1993) and influenced the quality of care for older persons; as a faculty member at the University of Iowa, she taught Nursing Leadership and served as Director of the John A. Hartford Foundation Center of Geriatric Nursing Excellence. She will be missed by many.

Janet’s obituary can be found here: https://austinandbarnesfuneralhome.com/tribute/details/2860/Janet-Specht/obituary.html.

NHCGNE Mentor Corner

Tips for Finding a Mentor

Are you struggling to find a mentor? Or do you need a mentor who may not be a nurse or have a different area of research or practice? Mentors are anywhere and everywhere. If you need some options for a mentor that may be outside of your institution or place of employment, see below!

1. **Instagram, LinkedIn, Twitter, or other social media.** Follow those who intrigue you. Reach out based on their posts and begin to make a connection.
2. **Academic, Industry, or other Events.** Academic conferences are a great way to meet new people or to connect with individuals in person that you may have only 'seen' on social media or via Zoom. It also gives you a chance to think about other related areas. Also, think about related conferences or industry partners where you may be able to find a mentor.
3. **At your local coffee shop, library, gym, or other public space**. Perhaps you may run into another nurse or academic professional, or you might even find someone who could mentor you in marketing, social media strategies, or business areas related to nursing science and practice.
4. **A former place of employment.** Think about those individuals that you may have worked with over the years. Perhaps it wasn’t the right time for you to be a mentee or for a former coworker to be a mentor, but maybe the time is now ideal.
5. **Alumni associations or events.** Most institutions have a wide-reaching alumni network and searchable database. Use this resource to reach out.
Coronavirus and Older Adults

The Long Shadow of COVID: Older People and the Ongoing Pandemic

The COVID-19 pandemic continues to cast a long shadow over the lives of older adults and their family caregivers in the United States, even as many Americans resolve to move on and resume normal activities. Even President Joe Biden declared “the pandemic is over,” in a recent interview, a controversial statement that he later sought to clarify.

Impact of COVID-19 Lockdowns on the Activity and Mental Health of Older People in Indonesia: A Qualitative Study

ABSTRACT
The COVID-19 pandemic has caused detrimental impacts on different population groups throughout the world. This study aimed to explore the impacts of the COVID-19 pandemic’s mandatory lockdown protocols on individual and social activities and mental health conditions of community-dwelling older people in Jakarta, Indonesia.

Check Out this Great Read!

Nurses who work in high-stress positions may be at risk for health problems that may result in early retirement. This article identifies health risks to aging nurses who continue to work in clinical settings and suggests methods for reducing negative health impacts to prevent them from retiring prematurely.
NHCGNE’s partnership with the Hartford Institute for Geriatric Nursing provides benefits, opportunities, and collaborative activities for both organizations. Together, we can reach a broader network of nurses interested in promoting the quality of older adult care.

NHCGNE Members receive the following benefits:
- 25% discount on HIGN Summer Scholars Program
- 50% discount for NHCGNE faculty at member institutions for customized package(s) of HIGN online learning resources

**Gerontological Certification Review Course**

Created by HIGN, the [Gerontological Certification Review Course](#) is a collection of 13 individual, interactive online modules developed by NYU Rory Meyers College of Nursing faculty and featuring the latest content to date.

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Scholarship Opportunities

Graduate Gerontology Healthcare Certificate

Reynolds 2023 Doctoral Scholarship Award

The Reynolds Center of Geriatric Excellence, Fran and Earl Ziegler College of Nursing, University of Oklahoma Health Sciences Center announces $150,000 PhD Scholarships for full-time PhD study in Nursing, with a focus in adult and older adult healthcare. The Scholarship offers up to three years of support with a value of $50,000 per year for tuition and fees, conference travel and a monthly living stipend. The PhD Program is online providing strong individual mentorship with visits to campus for intensives. For more information, click on the button below or contact Dr. Denise Short at denise-short@ouhsc.edu or 405-271-2428

Learn More

Academic Opportunities

Multiple Tenure-Track or Tenured Positions Now Available
The Betty Irene Moore School of Nursing at UC Davis seeks multiple tenure- or tenure-track faculty at the rank of assistant, associate, or full professor. The school also invites applications from research teams of two or more faculty with productive, collaborative research programs.

The School of Nursing is seeking applications from candidates with productive programs of science and commitment to scholarship that aligns with their mission and research priorities:

- Healthy aging and family caregiving across the lifespan
- Health equity, social justice, and health promotion in diverse populations
- Healthy systems and enabling technologies

In addition to conducting research, successful candidates teach in one or more of the school’s four programs: Master’s Entry Program in Nursing, Physician Assistant Master of Health Services, Doctor of Nursing Practice—Family Nurse Practitioner, and the Nursing Science and Health-Care Leadership Doctor of Philosophy programs. They are interested in candidates with experience teaching qualitative research methods or health informatics.

If you are interested, please send an email with your questions to Stephanie Lagala at sdlagala@ucdavis.edu.

Please review the full position description, which provides guidance on the application requirements and recommendations to strengthen your application at nursing.ucdavis.edu/ourteam/join.

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**Upcoming Industry Events**

**On Aging 2023**

March 27–30, 2023 | Atlanta, GA

Connect with experts in aging at the nation’s largest multidisciplinary conference on aging. No matter your field, a growing aging population will impact your work, presenting new obstacles, but also providing new opportunities. On Aging 2023 offers attendees the unique opportunity to build a strategy that will drive your work and your mission forward.

Register before November 30, 2022 to receive an Early Bird discount on registration!

Register to Attend
The Southern Gerontological Society's 44th annual conference is happening on April 11-15, 2023 at the beautiful Norfolk The Main in downtown Norfolk, VA. Hilton at The Main sits along the waterfront and is a close walk to cultural attractions, shopping, and dining. The theme is *Advancing Effective Solutions: The Interplay of Social Determinants of Health and Health Disparities*. Register before March 3, 2023 to receive an Early Bird discount on registration!

Get Involved With NHCGNE!

**DONATE To NHCGNE Today!**

[www.nhcgne.org/donate](http://www.nhcgne.org/donate)

Your generous donation will be instrumental in the development of new programs such as our new grant program, and products and services that will enable us to continue to develop and strengthen gerontological nursing and leadership.

The importance of your contribution cannot be overstated. In addition to all the work that you already do on behalf of older adults, this gift further demonstrates your personal commitment to preparing our country with a competent gerontological nursing workforce.

NHCGNE is a 501(c)3 organization and you can claim a deduction on your federal taxes.

Donate Today!
**Say it with "Got Content"!**

**Next New Directions Content Submission Deadline:**
January 2023  
Deadline: November 20, 2022 (Publish January 8)

Newsletter submissions should be sent to NHCGNE Staff at info@nhcgne.org with NHCGNE New Directions Submission in the subject line.

[Email Us Your Ad Today!]

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**Share the Newsletter**

Do you know any faculty or PhD student in your school or university that is not receiving New Directions? If so, please send their name and email address to info@nhcgne.org.