Happy New Year of 2023!

First, I would like to thank immediate Past President Alyce Ashcraft for her service as President of NHCGNE. She has done a great job for us, and I look forward to her ongoing wisdom in my first year of Presidency as she continues her service as Past President. Also, thank you to outgoing officers and board members: Meg Walhagen, Claudia Lai, and Libby Bowen.

Welcome our new officers and board members: Donna Owen, Melodee Harris (returning), Lenora Smith (returning), Tatiana Sadak, and Ju Young Shin.

The start of a new year offers many opportunities and possibilities for us. Our board, including outgoing and incoming board members, met a total of four times in November and December to evaluate the outcomes we had in 2022, and to develop goals and charges for all of our committees and special interest groups for 2023.

There is a call for volunteers for our committees elsewhere in this newsletter. Most of our work is developed by committees, so those who are willing to serve are very important to our future. Most of the committees meet monthly for one hour and we poll the members to select the best possible meeting times for each group. We appreciate your willingness to serve.

So, we have a call to action: If you are reading this and you know any leaders of any schools or colleges of nursing, hospital systems, or organizations whose goal is to provide gerontological education, conduct research with a gerontological focus, or care for older adults, invite them to join you and become a member of this impactful and prestigious organization.
2022 NHCGNE Leadership Conference

Missed the Leadership Conference?
Register Now for the Recordings!

Don’t miss this great deal on 2022 NHCGNE Leadership Conference recordings, which include continuing education credits:
- Non-member: $185
- Student: $50
- Institution/Legacy Member: $140
- Individual Member: $165

REGISTER FOR RECORDINGS

University of Utah (U of U) College of Nursing (CON) Launches an Innovative, 6-week Undergraduate Geriatric Nursing Course

It’s well-known that U.S. nursing schools frequently do not provide adequate geriatric nursing content in undergraduate curricula to prepare future nurses to care for the ever-growing older adult population. At the University of Utah College of Nursing, we are attempting to change that situation by launching a pilot 6-week geriatric nursing course.
Two geriatric nursing doctoral-prepared faculty have created an innovative hybrid geriatric nursing course (2 in-person classes and 4 asynchronous classes) for 2nd-semester nursing students which follows a 6-week pediatric course in a 12-week semester. Much of the content is focused on the Age-friendly Health Systems 4Ms Framework. The 6 modules include:

1. Introduction to the Complexity of Gerontological Nursing
2 & 3. Geriatric Comprehensive Assessment
4. Embracing Diversity in an Aging Society
5. Caregiving and Transitions of Care
6. End of Life Care for the Geriatric Client and Caregiver.

Within the course are two quizzes and a final exam containing: NCLEX-type questions; a Mid-term Workshop (in class), which is an experience-based learning activity using an unfolding case study to support peer-to-peer group work, collaboration, and using critical thinking to apply principles of the course to a complex case study; a Facts on Aging Game; Harvard Implicit Association—Age survey; and a Reflection on Intergenerational Relationships. At the end of the course, a Qualtrics survey was sent out to the students to anonymously provide their feedback about the course design and learning outcomes.

As with creating most new courses, it has been an exhaustive, but rewarding process. We know we have further work to do in fine-tuning the course. However, early feedback submitted by these students indicates that this course provides the necessary knowledge and testing practice skills required to successfully master NCLEX questions related to geriatric nursing principles. Students’ feedback also suggests that this course provides future novice nurses with the necessary knowledge and confidence to apply foundational nursing principles in the care of older adult clients in their care.

We welcome any questions or comments that you might have.

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**NHCGNE Mentor Corner**

**Evaluate Your Mentor/Mentee Relationship**

Between Thanksgiving, Hannukah, Christmas, New Years, and Kwanzaa ..... The holiday season is a busy one. It is also a time of reflection for Mentors and Mentees as we begin a new calendar year. At this hectic time of year, it is always a good idea to approach your Mentor/Mentee relationships with the following in mind:

1. If you haven’t already, be upfront and ask what plans are for your Mentor/Mentee relationship over the holidays and other breaks during the year. Does your Mentor plan to take a traditional semester break? Are you or your Mentor traveling? Be sure to ask if the meeting should continue as scheduled or be paused for a set period of time.
2. Remember to show gratitude for your Mentor/Mentee relationship. A simple holiday email of cheer and well-wishes is always a great idea.
3. Approach 2023 with a fresh start! What might need to change in your Mentor/Mentee relationship? What is going well and should continue? A new year is always a good time to evaluate roles, and responsibilities, and put new plans (if needed!) in place.

Learn More Tips & Tricks!

**Coronavirus and Older Adults**

**Older Adults’ Perspectives on Emergency Department**
Costs During COVID-19

ABSTRACT: COVID-19 has strained the household finances of many Americans who are already experiencing increasing health care expenses. Concerns about the cost of care may deter patients from seeking even urgent care from the emergency department (ED). This study examines predictors of older Americans’ concerns about ED visit costs and how cost concerns may have influenced their ED use in the early stages of the pandemic.

Continue Reading

Seven-month Study Supports Benefits of COVID-19 Antivirals in Seniors

The COVID-19 antiviral pill Paxlovid effectively protects older patients from severe disease, according to seven months of data across a large hospital system. With monoclonal antibodies no longer effective against newer strains of SARS-CoV-2, the findings support prescribing this drug in eligible patients, physician-researchers say.

Read More

Check Out the Read of the Month!

Chronic Disease Screening and Health Promotion Strategies for Older Men

ABSTRACT: The population of older men is increasing. Care of male patients has often been overlooked in practice and research. Older men have increased rates of cardiovascular disease, undiagnosed depression, and suicide, and avoid scheduling routine health visits or delay seeking health care. Nurse practitioners can use evidence-based screening recommendations to identify, treat, and manage chronic conditions in older men to improve their overall health and life expectancy.

This report focuses on chronic conditions in older men with high rates of morbidity and mortality and provides updated guidelines to assist nurse practitioners to provide optimal care of their older male patients.

Read More
NHCGNE Partnerships

HIGN Partnership with NHCGNE

NHCGNE's partnership with the Hartford Institute for Geriatric Nursing provides benefits, opportunities, and collaborative activities for both organizations. Together, we can reach a broader network of nurses interested in promoting the quality of older adult care.

NHCGNE Members receive the following benefits:
- 25% discount on HIGN Summer Scholars Program
- 50% discount for NHCGNE faculty at member institutions for customized package(s) of HIGN online learning resources

Gerontological Certification Review Course

Created by HIGN, the Gerontological Certification Review Course is a collection of 13 individual, interactive online modules developed by NYU Rory Meyers College of Nursing faculty and featuring the latest content to date.

Behavioral Health in Primary Care

Free Courses and Case Studies!

Topics in the BHPC Series Include:
Depressive Disorders, LGBT Diversity Inclusion, Risk Screening, Social Determinants of Health, Substance Use Disorders, and Trauma-Related Disorders

Learn More About NHCGNE's Partnership

Scholarship Opportunities

Graduate Gerontology Healthcare Certificate
Reynolds 2023 Doctoral Scholarship Award

The Reynolds Center of Geriatric Excellence, Fran and Earl Ziegler College of Nursing, University of Oklahoma Health Sciences Center announces $150,000 PhD Scholarships for full-time PhD study in Nursing, with a focus in adult and older adult healthcare. The Scholarship offers up to three years of support with a value of $50,000 per year for tuition and fees, conference travel and a monthly living stipend. The PhD Program is online providing strong individual mentorship with visits to campus for intensives. For more information, click on the button below or contact Dr. Denise Short at denise-short@ouhsc.edu or 405-271-2428

Learn More

Academic Opportunities

Multiple Tenure-Track or Tenured Positions Now Available

The Betty Irene Moore School of Nursing at UC Davis seeks multiple tenure- or tenure-track faculty at the rank of assistant, associate, or full professor. The school also invites applications from research teams of two or more faculty with productive, collaborative research programs.
The School of Nursing is seeking applications from candidates with productive programs of science and commitment to scholarship that aligns with their mission and research priorities:

- Healthy aging and family caregiving across the lifespan
- Health equity, social justice, and health promotion in diverse populations
- Healthy systems and enabling technologies

In addition to conducting research, successful candidates teach in one or more of the school’s four programs: Master’s Entry Program in Nursing, Physician Assistant Master of Health Services, Doctor of Nursing Practice—Family Nurse Practitioner, and the Nursing Science and Health-Care Leadership Doctor of Philosophy programs. They are interested in candidates with experience teaching qualitative research methods or health informatics.

If you are interested, please send an email with your questions to Stephanie Lagala at sdlagala@ucdavis.edu.

Please review the full position description, which provides guidance on the application requirements and recommendations to strengthen your application at nursing.ucdavis.edu/ourteam/join.

View Full Position & Apply

Upcoming Industry Events

**On Aging 2023**

March 27–30, 2023 | Atlanta, GA

Connect with experts in aging at the nation’s largest multidisciplinary conference on aging. No matter your field, a growing aging population will impact your work, presenting new obstacles, but also providing new opportunities. On Aging 2023 offers attendees the unique opportunity to build a strategy that will drive your work and your mission forward.

Register before November 30, 2022 to receive an Early Bird discount on registration!

Register to Attend

The Southern Gerontological Society’s 44th annual conference is happening on **April 11-15, 2023** at the beautiful Norfolk The Main in downtown Norfolk, VA. Hilton at The Main sits along the waterfront and is a close walk to cultural attractions, shopping, and dining. The theme is *Advancing Effective Solutions: The Interplay of Social Determinants of Health and Health Disparities*. Register before March 3, 2023, to receive an Early Bird discount on registration!
Your generous donation will be instrumental in the development of new programs such as our new grant program, and products and services that will enable us to continue to develop and strengthen gerontological nursing and leadership.

The importance of your contribution cannot be overstated. In addition to all the work that you already do on behalf of older adults, this gift further demonstrates your personal commitment to preparing our country with a competent gerontological nursing workforce.

NHCGNE is a 501(c)3 organization and you can claim a deduction on your federal taxes.
Finance/Entrepreneurial, Education, Leadership Conference Planning, Communication, Mentoring, and Awards Committees. Learn more about each committee here. If you are interested in serving on one of the committees, please email info@NHCGNE.org.

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**Say it with "Got Content"!**

**Next New Directions Content Submission Deadline:**
March 2023
Deadline: February 20, 2023

Newsletter submissions should be sent to NHCGNE Staff at info@nhcgne.org with NHCGNE New Directions Submission in the subject line.

[Email Us Your Ad Today!](#)

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**Share the Newsletter**

Do you know any faculty or PhD student in your school or university that is not receiving New Directions? If so, please send their name and email address to info@nhcgne.org.